



**HS Program of Studies**

**2023-2024**

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# **SECTION 1**

## **GRADUATION REQUIREMENTS, PROCEDURES AND PRACTICES**

## PROFICIENCY BASED GRADUATION REQUIREMENTS (PBGRs)

Proficiency-based graduation requirements (PBGRs) will be the criteria by which students earn a diploma. This is required by [Vermont Law](#) and is best instructional practice. Students will work toward their proficiencies for both transferable skills and content through courses and/or other learning experiences. This will ensure students graduate being college and career ready, as well as provide opportunities for flexible and multiple pathways to graduation.

**Transferable skills** are embedded in learning experiences across content areas, including content areas not required for graduation. Progress towards proficiency for the transferable skills will be tracked through the grading and reporting system and through a student's required Personalized Learning Plan. Common grade level assessments and student selected evidence will be utilized for demonstrating proficiency of transferable skills.

Transferable Skills (evidence of proficiency required for all areas at intermediate benchmark)		
MAUSD Transferable Skills	Proficiency description.	Old Mt Abe Transferable Skills
<b>Personal Development</b> 	I know myself and grow.	Personal Development and Self Awareness
<b>Innovative Thinking</b> 	I explore and discover.	Problem Solving
<b>Community Connection</b> 	I consider and connect.	Collaboration
		Global Citizenship
<b>Effective Communication</b> 	I engage and communicate	Communication: Reading
		Communication: Writing
		Communication: Speaking & Listening

**Habits Of Work (HOW)**, which are embedded within the transferable skills, are the consistent and common school-wide guidelines for social-emotional skill development and learner responsibility. H.E.A.R.T expectations are used to practice and assess Habits of Work. These Habits of Work are reported in JumpRope and are used as feedback tools with students. Habits of Work scores are reported as part of the Transferable Skills Proficiency Score.

<b>Here</b>	<b>Engaged:</b> (HOW#E)	<b>Appropriate:</b> (HOW#A)	<b>Responsible:</b> (HOW#R)	<b>Timely:</b> (HOW#T):
Students are present at school.	Student engages safely, productively and positively in the learning environment and considers what everyone needs in order to learn and grow.	Student describes the role of social and ethical norms and meets those expectations in all communities, including a digital/virtual community.	Student completes learning practices and assessments with effort and quality to maximize potential for learning.	Student applies organizational strategies and/or routines, and plans, prioritizes and manages time well to maximize success and learning progress.

**Content proficiencies** show evidence of learning for knowledge and skills in specific content areas, including content areas not required for graduation. Progress towards proficiency will be tracked through the grading and reporting system.

**Graduation requirements** are met by earning (2.0 or above for a passing score) a total of 24 proficiency credits in the required content areas indicated below. Within the 24 proficiency credits required for graduation, 7.5 are elective or choice courses. A completed Personalized Learning Plan (PLP) is also required.

<b>Content Proficiencies</b>	
<b>Literacy (4 proficiency credits)*</b> <ul style="list-style-type: none"> <li>• Reading</li> <li>• Writing</li> <li>• Language</li> <li>• Speaking &amp; Listening</li> </ul>	<b>Social Studies (3.5 proficiency credits)*</b> <ul style="list-style-type: none"> <li>• History</li> <li>• Geography</li> <li>• Civics</li> <li>• Economics</li> <li>• Psychology &amp; Sociology</li> </ul>
<b>Mathematics (3 proficiency credits)*</b> <ul style="list-style-type: none"> <li>• Math Concepts &amp; Skills</li> <li>• Financial Literacy</li> <li>• Statistical Literacy</li> </ul>	<b>Science (3 proficiency credits)*</b> <ul style="list-style-type: none"> <li>• Earth &amp; Space Science</li> <li>• Life Science</li> <li>• Physical Science</li> <li>• Science Inquiry</li> </ul>
<b>Physical Education (1.5 proficiency credits)*</b> <ul style="list-style-type: none"> <li>• Movement Skills &amp; Knowledge App</li> <li>• Fitness Skills &amp; Knowledge</li> <li>• Affective Qualities &amp; Social Interactions</li> </ul>	<b>Health Education (0.5 proficiency credit)*</b> <ul style="list-style-type: none"> <li>• Health Concepts</li> <li>• Health Skills</li> </ul>
<b>Artistic Expression (1 proficiency credit)*</b> <ul style="list-style-type: none"> <li>• Creating</li> <li>• Performing/Presenting</li> <li>• Responding/Reflecting</li> </ul>	<b>World Language**</b> <ul style="list-style-type: none"> <li>• Culture</li> <li>• Communication</li> </ul>

Design Technology Education <ul style="list-style-type: none"> <li>• Design and Problem Solving</li> <li>• Technology and Machine Operation</li> <li>• Technology and Society</li> </ul>	Driver Education <ul style="list-style-type: none"> <li>• Driver Ed Classroom</li> <li>• In Vehicle Driving</li> </ul>
	Other***

\*Required proficiency credits for graduation

\*\*Many colleges require a minimum of 2 consecutive years or 2 proficiency credits of a World Language

\*\*\*There are many "other" courses that teach and assess transferable skills and content proficiencies

*Further descriptions of Content Proficiencies are found in the content area briefs for each content area. Please refer to page 55 (the last page of this document) for a 4 year planning guide that outlines the requirements for each year.*

## PROCEDURES AND PRACTICES

### Proficiency-based Reporting

Reports and transcripts will reflect course scores, content proficiency scores and transferable skills. Two separate course-based GPAs will be calculated, one for academic achievement and another for transferable skills proficiency.

- Academic Mastery - Content proficiencies
- Transferable Skills/HOW Mastery (Personal Development, Community Connections, Innovative Thinking, Effective Communication)

The JumpRope gradebook and portal will be utilized to track student learning. Contact a student's advisor or Stephanie.Rossier@mausd.org to obtain login information for the student/family portal.

### Proficiency Scales (for grading and reporting)

<b>4 Extending</b>	The student demonstrates an in-depth understanding. The student can apply his/her knowledge and skills independently and/or across content areas.
<b>3 Proficient</b>	The student has met proficiency for the targeted knowledge and skills by demonstrating sufficient understanding through application.
<b>2 Developing</b>	The student shows partial understanding of the foundational material, but more targeted practice is needed.
<b>1 Getting Started</b>	The student shows little to no understanding of the material or is lacking evidence to support demonstration of his/her knowledge and skill. Remediation is necessary.
<b>U Insufficient Evidence</b>	The student has not provided enough evidence to accurately measure achievement.

### Progress Toward Proficiency and Passing Criteria

Students who attain a 2.0 or above in their academic course are considered passing and making adequate progress in their learning. If a student earns below a 2.0 in their final academic course grade, they will need to retake the course or work with their school counselor to complete the course through a Continued Learning Opportunity (CLO) or find a substitute course (traditional or Guided Learning Opportunity (GLO)) that teaches and assesses the proficiencies (at the appropriate rigor level) for which the student did not demonstrate proficiency.

### Grading in Continued Learning Opportunities (CLOs)

Academic grades for CLOs will reflect both the original course for which proficiency credit is being recovered and the new learning targets that were assessed in the CLO. Teachers will utilize professional judgment based on the body of

evidence from the original course and the new work that was completed to assign scores for learning targets for an overall academic grade of Proficient (P) or Not Proficient (NP). If a student earns a Proficient (P) for the CLO then proficiency credit will be granted and the original score for the course will remain on the transcript but will NOT factor in a student's cumulative GPA.

Transferable Skills/Habits of Work grades for CLOs will be maintained on a bi-weekly basis. Transferable Skills/Habits of Work grades will not be changed in the original course.

### **Grade Point Average (GPA) and Class Rank**

GPA for both Academic and Habits of Work scores will be calculated at the end of each semester. Transfer grades will be used to calculate a Mt. Abraham GPA.

Courses taken by Mt. Abraham exchange students in other countries will not be considered in a student's GPA, unless other arrangements are made in advance. Additional academic experiences such as Dual Enrollment, in which Mt. Abraham proficiency credit is granted, are included in the GPA. All these arrangements should be reviewed and confirmed with the student's school counselor.

Mt. Abraham Union High School does not report class rank. Our proficiency-based learning system provides more accurate, consistent and meaningful information about student progress. With this authentic approach to education we are able to accurately report student achievement. Over half the high schools in the United States, including most elite private high schools and most of Vermont's high schools no longer rank students. We are now following this practice for the class of 2020 and beyond.

### **Semester-based Academic and Transferable Skills Honors**

There are two possibilities for honors recognition each semester, one for Academic and one for Transferable Skills, based on independently calculated GPAs. Students from all grade levels must be enrolled in at least 6 courses to qualify for honors.

#### **Academic Criteria**

*Honors - 3.30*

*High Honors - 3.50*

*Highest Honors - 3.70*

#### **Transferable Skills Criteria**

*Honors - 3.30*

*High Honors - 3.50*

*Highest Honors - 3.70*

### **Graduation Cumulative GPA Honors:**

Cumulative GPA of academic grades through the end of the 1st semester of the graduation year will be used to determine Latin Honors.

#### **Latin Honors Criteria**

*Cum Laude - 3.30*

*Magna Cum Laude - 3.50*

*Summa Cum Laude - 3.70*

**Graduation Proficiency Endorsements:** Upon graduation, students will have the opportunity to be recognized for specific content proficiencies through a Latin Honors system. To achieve these endorsements the student must meet the thresholds indicated and establish a score of 3.0 or higher in **all** of the underlying proficiencies for that content area.

*Cum Laude - 3.30*

*Magna Cum Laude - 3.50*

*Summa Cum Laude - 3.70*

**Incompletes**

If a student is unable to complete the requirements of their semester course due to extenuating circumstances, they will receive an Incomplete (INC) status. Extenuating circumstances must be approved by a school counselor. All incomplete work must be completed by the end of the next quarter. When that quarter ends, the Incomplete (INC) will be replaced by the scores reflecting the work that was completed and a new report card will be issued.

\*Incomplete grades will not be granted for seniors in their final semester of high school.

**Adding and Dropping Courses**

Students will have **four days** from the first day of each semester in which to ADD or DROP a course. Dropping a course is a serious decision which may require written family permission. After the add/drop period, a student who drops a course will be assigned a grade of W (withdraw) for the semester in that course. Withdrawal grades will be reflected on a student's permanent transcript.



# **SECTION 2**

## **FLEXIBLE PATHWAYS, ENRICHMENT AND CO-CURRICULAR ACTIVITIES**

## FLEXIBLE PATHWAYS

Flexible Pathways are the opportunities students have to experience learning through personalized and multiple pathways: classroom instruction, independent studies, virtual learning, service learning, work-based learning, dual enrollment, early college, mentorships, and more. A required Personalized Learning Plan (PLP) allows students to maximize the flexibility in their pathway to graduation. ([VT AOE link](#))

### Personalized Learning Plan (PLP) - An individual student "action plan"

- A "living document" that gives students opportunities:
  - To set and reflect on goals
  - To create a relevant academic journey
  - To access resources for learning and life goals
  - To experience learning through flexible and multiple pathways
  - To collect evidence of that learning through a portfolio process

### Flexible Pathway Options at Mt. Abraham

Offered at Mt. Abraham:	Offered beyond Mt. Abraham:
All courses in the Program of Studies including below:	Career Centers
Independent Learning Opportunities (ILO) in certain content areas	Virtual High School (VHS) courses
Guided Learning Opportunities (GLO) in certain content areas	Dual Enrollment
Do Unto Others (DUO)	Early College
Advanced Placement (AP) Classes	Middlebury College Course
Work-based Learning	Approved local and online learning opportunities

See your School Counselor for more information on these pathways.

### Career Centers

Mt. Abraham students can access career centers to pursue technical training in specific areas of interest. Transportation is provided for the [Patricia A. Hannaford Career Center](#) in Middlebury. Students may attend the Center for Technology in Essex for Cosmetology, Computer Systems and Dental Assisting programs and would need to provide their own transportation. Grades received from career center courses will be converted to academic scores and factor into a student's academic GPA. When possible, proficiency scores may be incorporated and reflected on transcripts and/or a student's PLP. Please see your school counselor for an application.

### Virtual High School Courses

Virtual High School (VHS) courses allow students to access courses beyond Mt. Abraham. These courses are taught by teachers around the country and accessed through a web-based platform. Grades received from VHS courses will be converted to academic scores and factor into a student's academic GPA that will go on their report card and transcript. When possible, proficiency scores may be incorporated and reflected on transcripts and/or a student's PLP.

### Note:

- Virtual High School is offered both fall and spring, and some AP courses may be full year.
- VHS courses cannot supplement courses taught by an instructor at Mt. Abe.
- There is an application process in the spring for fall and spring course enrollment.
- Students may elect one VHS course per semester or two courses when space is available and approved by Flexible Pathways teacher and family.
- To access the course catalog, visit <http://vhslearning.org/>.

- Students that elect a full year VHS course are expected to remain in the course for the full year and will earn a final grade at the end of the course. Withdrawing from the course prior to this time will result in a grade of W.

## Dual Enrollment

[Dual enrollment](#) is an opportunity for 11th and 12th grade students to take up to 2 college courses and earn both college credit and high school credit/proficiency for the same course. Students may take a course during the following semesters: summer entering 11th grade through spring 12th grade. A personalized learning plan (PLP) must be in place at Mt. Abe prior to enrolling in a course. Students may enroll in online or in-person classes. Grades received from Dual Enrollment courses will be converted to academic scores and factor into a student's academic GPA.

There are 12 partnering colleges:

Bennington College	Landmark College	University of Vermont
Castleton University	Northern Vermont University	Vermont Technical College
Champlain College	Norwich University	St Michael's College
Community College of Vermont	SIT Graduate Institute	Sterling College

- Students must apply for a free payment voucher at: <https://education.vermont.gov/student-learning/flexible-pathways/dual-enrollment> (1-2 vouchers per student available based on state legislation)
- Flexible Pathways Teacher approves voucher after PLP is completed.
- Students complete a college dual enrollment application.
- Students will stay enrolled at the high school.
- IEP services are delivered at the home high school. *Students need to understand that not all accommodations available at the high school will be allowed in college classes.*

## Middlebury College Course

Middlebury College offers an opportunity for Mt. Abe students to take a college course in the fall or spring of senior year. Up to five students per semester may attend on a space available basis. Fall courses begin in early September and spring courses begin in early February. Students must complete an application with the Flexible Pathways Teacher during the college enrollment period (the semester prior to enrollment). Students planning to take a language course must complete a language assessment prior to completing an application. Students must be in good standing at Mt. Abe to be considered for a Middlebury College course.

The student will:

- earn core graduation requirements from Mt. Abe as long as prior approval is received from the Mt. Abe content area Teacher Leader
- not be responsible for paying for the course
- be responsible for payment of books, supplies and other fees
- receive grades from Middlebury College that will be converted to academic scores and factor into a student's academic GPA to go on their report card and transcript
- not earn college credit for successful completion of the course
- will be responsible for their own transportation

## Early College Program

Mt. Abraham seniors are able to enroll in [Early College](#) for one academic year in a program offered by an approved post-secondary institution. Below is the list of Colleges that have been approved for an Early College Program:

Castleton University	Northern Vermont University
CCV	Norwich University
Goddard College	VTC/VAST

### Early College:

- VT seniors can complete their final year of high school at college, tuition free.
- Students graduate with a diploma from the home high school. (VAST offers *their own diploma*; students may also earn a Mt. Abraham diploma if they meet requirements.)
- PLP must be in place listing the Early College Program element.
- Students must apply and be accepted by partnering colleges.
- Principal has to approve the student is ready for the Early College Program.
- Students must unenroll from the high school and be enrolled as a full-time student at the college.
- Students on an IEP will no longer be eligible to receive services from the high school. Students will need to request disability services from the college.
- To receive a diploma from Mt. Abraham, students must meet all Mt. Abraham graduation requirements.
- Early college students may participate in Mt. Abraham activities and events.

**Important Notes about College** - Credit is awarded at the rate of 0.5 credits per semester of college course work regardless of how many college credits are earned for the course. Students have the option of taking the letter grade assigned by the college or a Pass/Fail grade. For Pass/Fail credit, paperwork must be completed with the Mt. Abraham registrar prior to the start of course.

### ENRICHMENT

Mt. Abraham offers enrichment programs, which are open to all students. Many of these programs involve students from several grades. Some of the activities supported include:

- New England Young Writers Conference
- Governor's Institutes of Vermont (<https://www.giv.org/>)
- HOBY (Hugh O'Brian Youth Leadership) for sophomores only
- Green Mountain Boys' and Girls' State

### CO-CURRICULAR ACTIVITIES (that have eligibility requirements)

**ELIGIBILITY:** Students must carry at least six classes per semester in order to participate in any VPA Sponsored co-curricular Activity (Athletics Teams & Scholar's Bowl). Home-school students who wish to participate in these co-curricular activities must contact the Athletic Director for information on eligibility.

Students participating in the following co-curricular activities listed below will be required to sign a contract that holds participants to a level of behavioral expectations that exceed the behavioral expectations set forth in the family-student handbook.

### ATHLETIC TEAMS (VPA Sponsored)

The Mt. Abraham interscholastic athletic program offers the following sports:

#### FALL

Boys Soccer  
Girls Soccer  
Field Hockey  
Cross Country  
Football (HS Only)  
Golf (HS Only)  
Bass Fishing (HS Only)  
Volleyball (HS Only)

#### WINTER

Indoor Track  
Girls Basketball  
Boys Basketball  
Wrestling  
Nordic Ski (Independent)  
Cheerleading (MtM @ VUHS)

#### SPRING

Track and Field  
Softball  
Baseball  
Lacrosse (Boys, HS only)  
Lacrosse (Girls, Co-Op VUHS)

## **National Collegiate Athletic Association (NCAA) Eligibility**

The NCAA Eligibility Center certifies the initial academic eligibility and amateur status of all college-bound student-athletes who wish to compete in Division I or II collegiate athletics. Prospective Division I or II athletes must complete NCAA eligibility at [www.eligibilitycenter.org](http://www.eligibilitycenter.org), prior to beginning grade 12. Prospective Division I or II athletes should also consult with their school counselor early in their high school career to ensure proper course selection. To see a complete list of Mt Abraham Union High School's approved NCAA courses, please go to The NCAA High School Portal: <https://web3.ncaa.org/hsportal/exec/hsAction?hsActionSubmit=searchHighSchool>. Our CEEB/ACT Code is 460065. Additional information can be found at <http://www.ncaa.org/student-athletes/future>.

## **SCHOLARS' BOWL (VPA Sponsored)**

This group meets once a week between November and March for students who like trivia and a fast-paced question and answer format. This group also participates in a few competitions in the state.

## **FALL MUSICAL**

Musical Theatre experience for students of all ability levels, both on stage and off, in grades 7-12. Students audition on the first week of school and commit to attend rehearsals weeknights 6:00-8:30pm Sept-November, at least one Saturday morning set building days, and 4 performances which are typically held on the Thu-Sat before Thanksgiving break. Participants are not called to attend rehearsals every night but should be prepared to make rehearsal a priority.

## **SPRING MUSICAL**

A varsity level musical experience. Students are run through a semi-professional audition process where: everyone sings the same song, learns a short choreographed dance, and acts audition readings. Students participate in callbacks, and eventually cuts are made from the students who audition.

## **MT. ABE ROWING CLUB - MARC**

This club meets two days a week during the Fall and Spring seasons.

## **CO-CURRICULAR ACTIVITIES** (that do NOT have eligibility requirements)

### **CLASS COUNCIL**

Class Council officers are voted on by their peers. If you would be interested in running as a class council officer keep your ears open for information about submitting a petition in the spring.

### **COMMUNITY COUNCIL**

The Mount Abraham Union Middle/High School Community Council is to govern school affairs, consistent with school board policy. This Council serves as a link between the community, the students, the school board, and the staff of the school. Anyone in the community may propose changes to the Mt. Abe Student/Parent handbook through the Community Council. On Mondays after school representatives from each grade level, staff, faculty, administrator, the School Board, and community decide whether or not to accept proposed changes and work to support the implementation of those changes.

### **ENVIRONMENTAL ACTION GROUP**

Focuses on improving the sustainability and environmental consciousness of the Mt. Abe community.

### **GARDENING CLUB**

The Mt Abe Garden Club is a student led group that maintains the vegetable garden at Mt Abe. We work collaboratively to grow high quality fresh produce for our school community.

### **HOPE HAPPENS HERE**

The mission of this group is to help end the stigma associated with mental health and to share resources with those suffering from a mental health issue. This group will participate in events throughout the school year including assemblies, announcements at games, and working closely with other schools to spread the word that "It is okay not to be okay."

### **EAGLE STUDENT ACTIVISM CLUB (ESA)**

Eagle Student Activism (ESA) is a student-led group that meets once a week. We discuss current, local, national, and global political and social issues. We encourage diverse thinking and all sides of the political spectrum. We pick topics for each meeting and discuss the information and opinions surrounding it. We also, if the possibility arises, organize activism events and attend rallies that we want to support. We also participate in community events.

### **MAGIC THE GATHERING CLUB**

Magic the Gathering is a strategy card game based in a fantasy world of wizards, monsters, angels, goblins, and people. Come learn the basics, play against other students, and build a community around this fun game! Bring your own decks if you have them or borrow a deck from our collection. This club, available to grades 7-12 meets once a week after school.

### **VERMONT YOUNG PLAYWRIGHTS**

There is a middle school group and a separate high school group for students who enjoy theater and love to write. It involves two in-school workshops with a professional playwright, and one day at the festival in May.

### **EAGLE LEADERSHIP SOCIETY (ELS)**

Students will cultivate leadership skills, promote a positive school culture, and provide outreach to our academic, athletic, and local communities. There is an application process and they will meet once a week during FIT block each semester.

### **NEUROSCIENCE AND THE BRAIN CLUB**

We learn about the brain and our nervous system and how it affects our daily life. We compete in the Vermont Brain Bee in February to test what we've learned against other students from other schools in the state. (We were state champs in 2015!) Sometimes we dissect sheep brains. Sometimes we take field trips. Often we have delicious snacks! This club is open to students in grades 9-12.

### **NEWSPAPER (The Bird's Eye View)**

The *Bird's Eye View* is Mt. Abe's student newspaper, which appears quarterly as an insert in the *Addison Independent*. Students in grades 7-12 can submit articles, artwork, or "extras" to the editorial board, which is comprised of the students currently taking Journalism class and the advisor. Students can also sign up for a FIT block with the *Bird's Eye View* advisor if they would like some advice on what to write or how to write the article if they are not taking Journalism class but want to write for the school paper.

### **NEW ENGLAND YOUNG WRITERS CONFERENCE**

This is an opportunity for students in grades 10-12 to go to the Middlebury College Breadloaf Conference Center for a long weekend and work with a published author and other young writers from New England and New York.

### **POETRY OUT LOUD: A POETRY RECITATION COMPETITION**

This is a club that practices memorizing poetry and prepares for a school and then state competition.

### **PROJECT GRADUATION**

Project Graduation is an activity that is organized and run by the 2023 Class Council officers. If you would like to help plan the event please talk to one of the officers.

### **WINTER RUNNING CLUB**

7-12th grade social running club after school twice a week during the winter.

### **TRAVEL CLUB**

Mt. Abe's international travel club. Destinations vary!

### **UNIFIED SPORTS**

In partnership with Special Olympics, Unified Sports is an inclusive athletic and social program for students with and without intellectual disabilities. Everyone fits on the Unified Team. Are you an athlete, a mentor, a beginner, a pro? Unified provides opportunities for students of all abilities to join a team, play together, learn from one-another, and form friendships. Look for different opportunities throughout the year to join a Unified team.

# **SECTION 3**

## **SCHEDULE, REGISTRATION AND PROGRAMMING**

Mt. Abraham works on a rotating schedule of Maroon (M) and White (W) days based on the calendar day.

### HIGH SCHOOL SCHEDULE

<i>Advisory</i>	<b>8:20 - 8:40</b>
Block 1M/1W	<b>8:44 - 9:57</b>
Block 2M/2W	<b>10:01 - 11:14</b>
Block 3M/3W	<b>11:18 - 12:57</b> <i>HS Lunch 1 ~ 11:18-11:43</i> <i>HS Lunch 2 ~ 12:32-12:57</i>
Block 4M/4W	<b>1:01 - 2:14</b>
<i>FIT Block</i>	<b>2:17 - 2:47</b>
<i>Buses Depart</i>	<b>2:52</b>

### FLEXIBLE INSTRUCTION TIME - (F.I.T.) BLOCK

**F.I.T. Block is a designated instructional time to:**

- provide additional opportunities for students to personalize their learning
- improve all students' access to timely intervention, extension, re-teaching, and re-assessment opportunities directly tied to current course-level learning targets and graduation proficiencies
- provide flexibility for grouping students school-wide
- increase students' self advocacy, self awareness, and personal development through routine reflection on progress toward proficiency with advisor
- support expectation of high achievement for all students

**Expectations of F.I.T. block:**

- Students are expected to attend and participate in the 30 minutes (2:17pm) FIT block.
- Students are expected to work with their advisor on the first day of the school week to make a schedule for FIT Block for the remainder of the week.
- During Advisory, students are expected to review their current academic standing in JumpRope in order to prioritize bookings for FIT Block.
- Students are expected to respect the priority of pre-booking for FIT Block.
- If a student will be absent during the Advisory FIT Block booking time, they are expected to communicate their FIT Block preferences prior to that time or their advisor will schedule them for the week.
- Students are expected to remain in their booked FIT Block location after arriving. This also applies if the particular faculty member is out sick and a substitute is present.
- Students are expected to meaningfully use FIT Block time in support of their learning in their booked location.
- Students are expected to be in their booked FIT Block location at the bell. Students may only leave with a pass for the bathroom and seldomly. Students who are found outside their booked location during FIT Block may be subject to disciplinary action by Administration. Administrators will be monitoring the hallways to reinforce students to get to FIT Block by the bell.
- Students are expected to adhere to all school-wide behavioral expectations within the FIT Block time (this includes both Advisory and FIT Block).
- Students are expected to be flexible during FIT Block, understanding that there will likely be a wide variety of needs, requests, and questions for teachers.



## **LEARNING COMMONS**

Learning Commons supports students in the areas of Academic and Habits of Work (HOW). They are staffed by professionals to provide time, support, and/or interventions for students to build their skills in order to demonstrate proficiency in content areas and transferable skills for graduation. They are scheduled into a block of a student's school day. 9th and 10th graders who have open blocks in their schedule will be assigned to a Habits of Work (HOW) block for homework completion. 11th and 12th graders who do not have their grade level privileges and have open blocks in their schedule will be assigned a HOW block for homework completion.

Students scheduled into HOW or Math Learning Commons can count this block as one of their six academic courses towards eligibility for participation in extra/co-curricular activities at Mt. Abraham.

Students identified as needing targeted support in literacy and/or math will be assigned an intervention block per semester.

## **SCHOOL COUNSELING PROGRAM**

There are four professionally licensed school counselors at Mt. Abraham, serving middle school and high school. School counselors work with all students in grades 7-12 to support their academic success by providing social, emotional, academic and future planning support. These comprehensive school counseling services are delivered through: academic advising, individual and small group counseling, future planning support, collaboration with teachers, families and community agencies and consultation and referral based on individual needs.

## **ADVISORY PROGRAM**

Our advisory program is designed to build community and a sense of belonging, encourage social engagement with peers, foster a connection with an adult to advocate and navigate the middle and high school experience. During this time students will receive support on their Personalized Learning Plan (PLP), which is a requirement for graduation.

Advisors assist school counselors with the course registration process as well.

## **GRADE REPORTING**

### **JumpRope**

JumpRope is the software teachers use to enter and track student mastery toward specific learning targets and proficiencies in their courses. Family(ies) and students will be given a username and password to the portal which allows them to track progress throughout the year. Report cards will be issued at the end of each semester.

JumpRope Portal link: <https://app.jumpro.pe/login>  
[JumpRope User Guide](#)

### **Powerschool**

Powerschool is the software used for attendance and scheduling.

Powerschool link: <https://anesu.powerschool.com/public/home.html>

## **COURSE REGISTRATION**

Each year all students in 8th through 11th grade are required to register for courses for the following year. This is a process which should involve the student, school counselor, advisor and family. The 4-year plan "at a glance" worksheet in this booklet will be useful in planning ahead. Students will sign up for classes through PowerSchool with help from school counselors and advisors.

Please use the **4 Year Plan** provided in this Program of Studies for planning and please see your advisor and school counselor for support with your plan.

# **SECTION 4**

## **CONTENT AREAS AND COURSE DESCRIPTIONS**

## LITERACY

Proficiencies: (4 proficiency credits of Literacy are expected to attain proficiency)

Literacy (evidence of proficiency required in all areas at intermediate benchmark)	
<b>Reading</b>	Student comprehends, interprets, analyzes, and evaluates a wide range and level of complex literary and informational texts.
<b>Writing</b>	Student produces clear, coherent writing for a range of purposes and audiences, including both short and sustained research projects.
<b>Speaking and Listening</b>	Student expresses ideas clearly and persuasively, presents information and supporting evidence to convey a distinct perspective, and initiates and participates in discussions, responding thoughtfully to diverse points of view.
<b>Language</b>	Student demonstrates command of the conventions of standard English syntax, grammar, usage and mechanics when writing or speaking, incorporating knowledge of domain specific words and phrases, and showing independence in gathering vocabulary knowledge.

Course Offerings:

Yearly Offerings	Alternating Year Offerings (23-24)	Alternating Year Offerings (24-25)
*English 9 A and B	Page to Screen (10-12)	Creative Nonfiction (10-12)
*English 10 A and B	World Literature (11-12)	Discovering Drama in Literature and Writing (10-12)
Creative Writing (9-12)	Contemporary Literature (10-12)	Mythology & Alternate Traditions (10-12)
Journalism (9-12)	Introduction to Philosophy (11-12)	Society and the Human Condition (11-12)
Turn the Page (9-12)	Reading, Writing, and Working in the Wilderness (10-12)	
Composition and Language (11-12)	Science Fiction (10-12)	
Media Literacy (11-12)		
American Studies: English A and B (11-12: full year course)		
AP Literature and Composition A and B (11-12)		
AP Language and Composition A and B (11-12)		
Guided Learning Opportunity (GLO) English A and B (9-12)		
Independent Learning Opportunity (ILO) English A and B (9-12)		

VHS English		
Dual Enrollment English		

\*required course

### **ENGLISH 9 A - 209000**

### **ENGLISH 9 B - 209001**

**Benchmark:** Intermediate

**Content Proficiencies:** Reading, Writing, Language, Speaking & Listening

**Transferable Skills:** Personal Development, Community Connection

**Prerequisites:** none

**Grade:** 9

**Duration:** Year-long

English 9 is a complementary study of literature, writing, grammar, and reading. Reading and writing are the major components of this course, and writing includes narrative, essay, research, and journaling. Reading selections come from teacher and student choice, and are frequently linked to themes, and occasionally connected to Global Studies or Earth Science. Literature is chosen to represent a broad variety of themes and literary forms (plays, poems, novels, short stories). Students work in groups and individually on projects and presentations, which enhance each unit.

### **ENGLISH 10 A - 210000**

### **ENGLISH 10 B - 210001**

**Benchmark:** Intermediate

**Content Proficiencies:** Reading, Writing, Language, Speaking & Listening

**Transferable Skills:** Personal Development, Effective Communication

**Prerequisites:** none

**Grade:** 10

**Duration:** Year-long

In this class we practice and improve reading skills with literature and nonfiction by exploring fiction and nonfiction in its various forms. Using both text analysis and discussion we examine how literature reflects experiences, patterns, and meanings in our own lives. We also study and develop the power of effective communication in speech and writing. The ability to communicate empowers us to gain and share information about self, others, and the world. The reading list for this course includes classic and contemporary literature, both from the British and American traditions. Vocabulary study, reading skills, and writing skills are emphasized.

### **CREATIVE WRITING - 210020**

**Benchmark:** Intermediate

**Content Proficiencies:** Reading, Writing, Language

**Transferable Skills:** Personal Development, Community Connection

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

*Can be repeated 2x.*

Creative Writing is a one-semester workshop designed to develop the expressive writing abilities of students. The course exposes students to many forms of excellent literature, both contemporary and classic, from many cultural traditions, as models for their own work. The focus is on poetry and short fiction. All genres will be read during the entire semester, apropos to any theme under discussion. The writing process, emphasized by means of the writing workshop, defines the way the course runs.

### **JOURNALISM - 210030**

**Benchmark:** Intermediate

**Content Proficiencies:** Reading, Writing, Language, Speaking & Listening

**Transferable Skills:** Personal Development, Community Connection

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

*Can be repeated.*

Students will learn to be articulate and responsible journalists, reporting on news that affects our school and broader communities. They will distinguish the difference between straight news and feature articles, and learn how to write five different types of articles. They will adhere to standards of quality, and contribute six articles per quarter. They will use publishing software, and work as a team to produce the school newspaper, which will come out quarterly. Journalism may be taken for two semesters in English, but if enrolled for a second semester, they will be required to fulfill more complex editorial duties.

**TURN THE PAGE - 210060****Benchmark:** Intermediate**Content Proficiencies:** Reading, Writing**Transferable Skills:** Personal Development**Prerequisites:** none**Grade:** 9-12**Duration:** Semester*Can be repeated 2x.*

Turn the Page is a course designed to cultivate a passion for reading by helping students establish a reading habit and reading stamina. The course is founded on the idea that an enjoyment for reading comes from choice, so students will self-select their independent reading books. Class time will be used to read independently, discuss readings, learn and practice reading strategies, and talk about the reading process. Students will be expected to read each night for homework.

**COMPOSITION AND LANGUAGE - 210011****Benchmark:** Advanced**Content Proficiencies:** Reading, Writing, Language**Transferable Skills:** Personal Development**Prerequisites:** none, \*10th graders with permission from the instructor**Grade:** 11-12\***Duration:** Semester

This course is designed to improve writing skills and to acquaint students with various forms of written composition. Students will grow in their understanding of grammatical concepts and will apply this knowledge in order to produce more coherent, logical, and nuanced writing. Students will also read and evaluate published examples of various forms of composition in order to apply different craft techniques in their own writing. Extensive practice in planning, writing, revising, and editing will assist students in all high school courses.

**MEDIA LITERACY - 211025****Benchmark:** Advanced**Content Proficiencies:** Reading, Writing, Language, Speaking & Listening**Transferable Skills:** Personal Development, Community Connection**Prerequisites:** none, \*10th graders with permission from the instructor**Grade:** 11-12\***Duration:** Semester

In this class you will practice asking questions. Every day we take in hundreds to thousands of verbal and visual symbols through television, radio, computers, newspapers, magazines and advertising. This class provides a working knowledge of the media (its economic, political, organizational, social and cultural factors) so you may challenge, choose and select, and be conscious about what is going on around you. The major goal for this course is to learn how to be a more responsible viewer of media and to engage in critical thinking that promotes active citizenship rather than complacent consumerism.

**AMERICAN STUDIES: English A - 211040***(concurrent enrollment in American Social Studies A)***AMERICAN STUDIES: English B - 211045***(concurrent enrollment in American Social Studies B)***Benchmark:** Advanced**Content Proficiencies:** Reading, Writing, Language, Speaking & Listening**Transferable Skills:** Effective Communication**Prerequisites:** US History 10 and English 10. \*10th graders with permission from the instructor.**Grade:** 11-12\***Duration:** Year-long

This course is an interdisciplinary study of twentieth century history, literature and culture. The course utilizes a variety of educational methods, including open classroom, collaborative groups and traditional approaches, to present an integrated view of the American experience in the twentieth century. Students read novels, plays, poems and narrative accounts of each time period in the century, use primary sources for historic study, listen to music and look at examples in the visual arts from each era. Students read, write, and discuss extensively as well as engage in collaborative projects that explore various aspects of the twentieth century.

**GUIDED LEARNING OPPORTUNITY (GLO) ENGLISH A - 910030****GUIDED LEARNING OPPORTUNITY (GLO) ENGLISH B - 910031****Benchmark:** Intermediate**Content proficiencies:** Determined Upon Enrollment**Transferable Skills:** Determined Upon Enrollment**Prerequisites:** (do not need to meet all of them) 1.9 or below HOW grade in prior English course, 2.5 or below academic**Grade:** 9-12**Duration:** Semester

grade in prior English course, Tier 2 or 3 team recommendation.

A GLO in English is an opportunity to practice and improve reading, writing, speaking, and listening skills while studying a topic of choice. A GLO provides extra support and guidance as the student practices personalized learning skills. Students must have an interest to work independently. Off-site time with a community mentor is strongly encouraged.

**INDEPENDENT LEARNING OPPORTUNITY (ILO) ENGLISH A - 909030**

**INDEPENDENT LEARNING OPPORTUNITY (ILO) ENGLISH B - 9090037**

**Benchmark:** Advanced

**Grade:** 9-12

**Content proficiencies:** Reading, Writing, Language, Speaking & Listening

**Duration:** Semester

**Transferable skills:** Determined Upon Enrollment

**Prerequisites:** (must meet one) 3.0 or above in HOW prior English course, 3.0 or above in academic prior English course.

An ILO in English is an opportunity to practice and improve advanced reading, writing, speaking, and listening skills while studying a topic of choice. Students must have proven ability to work independently and be motivated by a particular area of interest. Off-site time with a community mentor is strongly encouraged.

**AP ENGLISH LITERATURE & COMPOSITION A - 212000**

**AP ENGLISH LITERATURE & COMPOSITION B - 212001**

**Benchmark:** Advanced Placement

**Grade:** 11-12

**Content Proficiencies:** Reading, Writing, Speaking & Listening, Language

**Duration:** Year-long

**Transferable Skills:** Personal Development, Community Connection

**Prerequisites:** Any student who wishes to enroll in an AP English course must meet or exceed proficiency in Advanced level coursework. Admission is contingent upon completion of summer work. Permission may be given on an individual basis by the Humanities teaching team and school counselors.

AP English Literature and Composition is an introductory college course for students who are willing to work hard and challenge themselves. You will be asked to read and write more, to analyze writing, to synthesize your own ideas, and to evaluate those of others. Seminar style discussions are an important component of the class. These skills, which are called for in most English courses, will be exercised at a higher level of complexity in AP English. The reading for the course is grounded in American and British literature, both contemporary and classic. Preparation for the Advanced Placement exam will be ongoing throughout the year.

**AP ENGLISH LANGUAGE AND COMPOSITION A - 212002**

**AP ENGLISH LANGUAGE AND COMPOSITION B - 212003**

**Benchmark:** Advanced Placement

**Grade:** 11-12

**Content Proficiencies:** Reading, Writing, Language, Speaking and Listening

**Duration:** Year-long

**Transferable Skills:** Innovative Thinking

**Prerequisites:** Any student who wishes to enroll in an AP English course must meet or exceed proficiency in Advanced level coursework. Admission is contingent upon completion of summer work. Permission may be given on an individual basis by the Humanities teaching team and school counselors.

The AP English Language and Composition course aligns to an introductory college-level rhetoric and writing curriculum, which requires students to develop evidence-based analytic and argumentative essays that proceed through several stages or drafts. Students evaluate, synthesize, and cite research to support their arguments. Throughout the course, students develop a personal style by making appropriate grammatical choices. Additionally, students read and analyze the rhetorical elements and their effects in non-fiction texts, including graphic images as forms of text, from many disciplines and historical periods. (College Board 2016)

**Anticipated Alternating Courses: Offered 2023-24**

**PAGE TO SCREEN - 210070**

**Benchmark:** Intermediate

**Grade:** 10-12

**Content Proficiencies:** Reading, Writing, Speaking & Listening, Language

**Duration:** Semester

**Transferable Skills:** Personal Development, Effective Communication

**Prerequisites:** none

Page to Screen offers students the opportunity to read literature independently and at a quick pace so it can be discussed in detail in seminar format, in preparation for viewing a film version. After viewing the film, discussion will focus on interpretations that are made when transforming from text to film. Students will be expected to read extensively for this course. "Seminar format" suggests that class discussion will be the major way that students are graded, but complementary projects and short writing assignments will also be assigned.

### **WORLD LITERATURE - 211010**

**Benchmark:** Advanced

**Grade:** 11-12\*

**Content Proficiencies:** Reading, Writing, Speaking & Listening, Language

**Duration:** Semester

**Transferable Skills:** Personal Development

**Prerequisites:** none, \*10th graders with permission from the instructor

This course is designed to expand the cultural awareness of students in the 21st century. By expanding their literary horizons beyond their English and American heritage to include the reading of both classic and contemporary literature from Europe, Asia, Africa, the Middle East and the Americas, students will come to a greater appreciation for worldwide religious and cultural traditions, values and attitudes, while at the same time identifying those elements which bind all humans together. Students will think and read critically, develop their vocabulary, give presentations and take part in group projects and write both creatively and informatively.

### **CONTEMPORARY LITERATURE - 211050**

**Benchmark:** Intermediate

**Grade:** 10-12\*

**Content Proficiencies:** Reading, Writing, Speaking & Listening, Language

**Duration:** Semester

**Transferable Skills:** Personal Development, Community Connection

**Prerequisites:** none \*9th graders with permission from the instructor

Throughout history literature has helped define the way we view culture. Additionally, our culture defines the literature we are exposed to. We live in a time when the books we read deal with a number of issues: what it is like to be a teenager, illness, political upheaval, and grand adventures. This course will explore these themes and more as we read some of today's most popular fiction. Students are encouraged to read a number of popular novels and will be offered opportunities for discussion, creative expression, and exploration of what makes a novel popular vs. what makes it literature.

### **INTRODUCTION TO PHILOSOPHY - 211030**

**Benchmark:** Advanced

**Grade:** 11-12\*

**Content Proficiencies:** Reading, Writing, Speaking & Listening, Language

**Duration:** Semester

**Transferable Skills:** Personal Development

**Prerequisites:** none, \*10th graders with permission from the instructor

This course introduces philosophy through reading and discussing various philosophical understandings about the nature of the world and the people who inhabit it. The course emphasizes using philosophy as a tool to interpret the self, problems, and literature.

### **READING, WRITING AND WORKING IN THE WILDERNESS - 211011**

**Benchmark:** Intermediate

**Grade:** 10-12

**Content Proficiencies:** Reading, Writing, Language

**Duration:** Semester

**Transferable Skills:** Personal Development

**Prerequisites:** none

We will celebrate the great Vermont outdoors and the people who spend time there through frequent excursions outside. We will also read and write about livelihoods and pastimes in Vermont, including hunting, fishing, sugaring, farming, logging, and conservation. Through a wide range of fiction and nonfiction reading, we will learn about the past, present, and future of outdoor vocations and avocations while exploring social and scientific issues related to working and recreating in the wilderness. We will also hone our writing skills through regular journaling, and by crafting cover letters, resumes, college essays, preparing us for a lifelong association with the wilderness.

### **SCIENCE FICTION - 211012**

**Benchmark:** Intermediate

**Content Proficiencies:** Reading, Writing, Language

**Transferable Skills:** Effective Communication

**Prerequisites:** none

**Grade:** 10-12

**Duration:** Semester

"A good science fiction story should be able to predict not the automobile but the traffic jam."

-Frederik Pohl

We will read a range of science fiction literature, from its popularization in the early twentieth century to its present expressions in speculative fiction. The class focuses on themes commonly found in science fiction: aliens and the nearly-human, apocalypses, artificial and posthuman life-forms, advanced and emergent technologies, time travel, the environment, immortality and oblivion. We will discover how science fiction authors use the strange and futuristic to examine the familiar and modern in order to better understand the human and now.

### **Alternating Courses: Offered 2024-25**

### **CREATIVE NONFICTION - 209002**

**Benchmark:** Intermediate

**Content Proficiencies:** Reading, Writing, Language

**Transferable Skills:** Personal Development

**Prerequisites:** none

**Grade:** 10-12

**Duration:** Semester

This course combines reading and writing in five major forms of creative nonfiction: focused description, memoir, personal essay, profiles, and reviews. Daily readings will draw students into works from published authors as well as the writings of their peers. Writing exercises and workshops will engage students in every part of the writing process. Students will practice all five types of writing this course examines; the culminating project will be a multi genre project in which the student focuses on a topic she/he wants to explore in depth using multiple genres. This course also includes instruction and practice with conventions as well as vocabulary development.

### **DISCOVERING DRAMA IN LITERATURE AND WRITING - 209003**

**Benchmark:** Intermediate

**Content Proficiencies:** Reading, Writing, Speaking & Listening, Language

**Transferable Skills:** Personal Development

**Prerequisites:** none

**Grade:** 10-12

**Duration:** Semester

This class is an introduction to dramatic literature, playwriting, acting, and simple production. Reading and writing is central to the class, and students learn and grow through writing, theater and collaboration. The reading focuses on plays and literary art as different from other literary genres. Major objectives of this class include immersing students in the language, history, literature and technique of the theater. Activities and materials are selected that have universal themes that appeal to today's students. Students will analyze how live performance changes a text and explore the relationship between dramatic literature as entertainment and its influence on culture.

### **MYTHOLOGY AND ALTERNATE TRADITIONS - 611031**

**Benchmark:** Intermediate

**Content Proficiencies:** Reading, Writing, Speaking & Listening, Language

**Transferable Skills:** Personal Development

**Prerequisites:** none

**Grade:** 10-12

**Duration:** Semester

Mythology, fundamental stories that help define people and their places in the world, is universal across cultures and times. This course will explore a variety of these stories, starting from ancient times and spanning to the modern day. In addition to more traditional forms, we will also explore how people have changed and repurposed mythology to better recognize and define themselves and their worlds.

### **SOCIETY AND THE HUMAN CONDITION - 211035**

**Benchmark:** Advanced

**Content Proficiencies:** Reading, Writing, Language, Speaking & Listening

**Transferable Skills:** Personal Development

**Prerequisites:** none, \*10th graders with permission from the instructor

**Grade:** 11-12\*

**Duration:** Semester

*Can be repeated 2x.*



Many authors believe their portrayal of society's problems can create a better future. In this course we will examine and evaluate such problems as death and dying, treatment of the mentally ill in our society, poverty, and schooling, by reading great books and seeing outstanding films. Students will define their individual boundaries in an increasingly complex world. We will accept, reject and otherwise apply solutions to social problems through the lens of past, present and potential life experiences.

## SOCIAL STUDIES (KNOWLEDGE AND SKILLS)

Proficiencies: (3.5 proficiency credits of Social Studies coursework expected to attain proficiency):

Social Studies (Knowledge and Skills) (evidence of proficiency required in all areas at intermediate benchmark)	
<b>Geography</b>	Student demonstrates knowledge of the Earth's physical and human features and appreciates the interconnected impact of the relationship between self and the environment of a diverse world.
<b>Economics</b>	Student makes informed economic decisions using an understanding of how individuals, businesses, communities and governments make decisions about the allocation of resources, and understands the consequences of such decisions.
<b>Civics</b>	Student demonstrates civic engagement as a global citizen when addressing public concerns individually and collaboratively to maintain, strengthen, and improve communities, societies, and governments.
<b>History</b>	Student uses historical inquiry to gather information that enables them to make sense of human interactions in the past, the present and make decisions about the future.
<b>Psychology &amp; Sociology</b>	Students understand that Psychology and Sociology contribute to the understanding of society's challenging issues. Scientific inquiry and research methods explore individual, group, and societal behavior and mental processes to promote health, wellbeing, and civic engagement.

### Course Offerings:

Yearly Offerings	Alternating Year Offerings (23-24)	Alternating Year Offerings (24-25)
*Global Studies A and B (9)	Modern Global Social Issues (11-12)	Psychology (11-12)
*US History A and B (10)	Sociology (10-12)	The Middle Ages to the French Revolution: How the Western World Woke Up (11-12)
American Studies: SS A and B (11-12)	VT History (10-12)	Big History: A History of the World from the Big Bang to the Present (10-12)
*US Government and Politics (11-12)	American Military History A - 1750-1900 (10-12)	Nazi Germany and the Holocaust: A Case Study in Tyranny (11-12)
Economics (10-12)	American Military History B - 1900-present (10-12)	AP European History A and B (11-12)
Guided Learning Opportunity (GLO) Social Studies A and B (9-12)	AP US History A and B (11-12)	

Independent Learning Opportunity (ILO) Social Studies A and B (9-12)		
VHS Social Studies		
Dual Enrollment Social Studies		

\*required course

### **GLOBAL STUDIES A - 409000**

### **GLOBAL STUDIES B - 409001**

**Benchmark:** Intermediate

**Grade:** 9

**Content Proficiencies:** History, Civics, Geography, Economics

**Duration:** Year-long

**Transferable Skills:** Personal Development, Effective Communication

**Prerequisites:** none

Global Studies is a one-year course that focuses on the interaction of physical and cultural geography. Students study political, economic and religious ideas as they develop a common vocabulary centered on global issues. Students regularly examine world current events for their historical causes and consequences.. Student's share their ideas with the world, through classwork that strengthens their abilities: 1) to demonstrate responsible action by maintaining an organized learning plan and portfolio; 2) to engage in dialogue with others as they seek to understand global issues, and 3) to convincingly propose civic action which they support with logically organized evidence.

### **UNITED STATES HISTORY A - 410000**

### **UNITED STATES HISTORY B - 410001**

**Benchmark:** Intermediate

**Grade:** 10

**Content Proficiencies:** History

**Duration:** Year-long

**Transferable Skills:** Effective Communication, Personal Development

**Prerequisites:** none

This course is driven by themes and essential questions that give focus as we explore the development of the United States of America from 1607 to 1989. We will analyze the people who explored, colonized, and established the United States of America and how the American culture, political system, and economy have developed over time.

### **AMERICAN STUDIES: SS A - 411000**

*(concurrent enrollment with American Studies: English A)*

### **AMERICAN STUDIES: SS B - 411001**

*(concurrent enrollment with American Studies: English B)*

**Benchmark:** Advanced

**Grade:** 11-12\*

**Content Proficiencies:** History

**Duration:** Year-long

**Transferable Skills:** Effective Communication

**Prerequisites:** US History and English 10 \*10th graders with permission from the instructor

This course is an interdisciplinary study of twentieth century history, literature and culture. The course utilizes a variety of educational methods, including open classroom, collaborative groups and traditional approaches, to present an integrated view of the American experience in the twentieth century. Students read novels, plays, poems and narrative accounts of each time period in the century, use primary sources for historic study, listen to music and look at examples in the visual arts from each era. Students read, write, and discuss extensively as well as engage in collaborative projects that explore various aspects of the twentieth century.

### **U.S. GOVERNMENT AND POLITICS - 412020**

**Benchmark:** Intermediate

**Grade:** 11-12

**Content Proficiencies:** Civics

**Duration:** Semester

**Transferable Skills:** Personal Development

**Prerequisites:** US History or American Studies

The goal of U.S. Government and Politics is to sufficiently prepare today's students to succeed as stewards of tomorrow's world. US Government & Politics is a one-semester exploration of constitutional underpinnings, civil liberties

and civil rights, political culture and socialization, citizen participation and influence, political institutions and policy making that are the foundation of modern U.S. government and politics. The course meets the Mount Abraham graduation requirement for Civics, and prepares students to meet their obligations as an active citizen in our democratic republic.

*\*\*\*Students may take this course for AP Credit in the fall in order to prepare for taking the AP US Government and Politics exam in the spring. Students who elect this option will attend the same classes, participate in the same activities, and complete the same assignments as their classmates who elect the standard version of the course. In addition to this, AP students will be required to complete additional readings and extension assignments, as well as to participate in a weekly (or biweekly) seminar discussion during FIT Block.*

### **ECONOMICS - 411020**

**Benchmark:** Intermediate

**Content Proficiencies:** Economics, Civics, Geography, History

**Transferable Skills:** Effective Communication

**Prerequisites:** None

**Grade:** 10-12

**Duration:** Semester

The objective of this course is to master fundamental economic concepts. This course emphasizes analysis of the American economic system as it relates to the individual and other economic systems. Specific units will explore microeconomic issues such as the law of supply and demand, factors of production, and the business cycle. Macroeconomics issues will include money and banking, monetary and fiscal policy, international trade and comparative economic systems. We will touch on the history of economic thought as well as current economic issues. The current uncertainty regarding the economy makes for an exciting and challenging course for all of us.

### **GUIDED LEARNING OPPORTUNITY (GLO) SOCIAL STUDIES A - 910032**

### **GUIDED LEARNING OPPORTUNITY (GLO) SOCIAL STUDIES B - 910033**

**Benchmark:** Intermediate

**Content proficiencies:** Determined Upon Enrollment

**Transferable skills:** Determined Upon Enrollment

**Prerequisites:** (do not need to meet all of them) 1.9 or below HOW grade in prior Social Studies course, 2.5 or below academic grade in prior Social Studies course, Tier 2 or 3 team recommendation.

**Grade:** 9-12

**Duration:** Semester

*Can be repeated.*

A GLO in Social Studies is an opportunity to practice and improve global citizenship skills while studying a topic of choice. A GLO provides extra support and guidance as the student practices personalized learning skills. Students must have an interest to work independently. Off-site time with a community mentor is strongly encouraged.

### **INDEPENDENT LEARNING OPPORTUNITY (ILO) SOCIAL STUDIES A - 909031**

### **INDEPENDENT LEARNING OPPORTUNITY (ILO) SOCIAL STUDIES B - 909038**

**Benchmark:** Advanced

**Content proficiencies:** Civics, Economics, Geography, History

**Transferable skills:** Determined Upon Enrollment

**Prerequisites:** (must meet one) 3.0 or above in HOW prior Social Studies course, 3.0 or above in academic prior Social Studies course.

**Grade:** 9-12

**Duration:** Semester

*Can be repeated.*

An ILO in Social Studies is an opportunity to practice and improve advanced social studies and history skills while studying a topic of choice. Students must have proven ability to work independently and be motivated by a particular area of interest. Off-site time with a community mentor is strongly encouraged.

### **Anticipated Alternating Courses: Offered 2023-24**

### **MODERN GLOBAL SOCIAL ISSUES - 410010**

**Benchmark:** Advanced

**Content Proficiencies:** Geography, History

**Transferable Skills:** Innovative Thinking

**Prerequisites:** US History, \*10th graders with permission from the instructor

**Grade:** 11-12\*

**Duration:** Semester

This seminar style course asks students to grapple aloud with the leading aspects of modern Global and American

social history from the early 1990's to the present. Attention is given to social, cultural and intellectual trends as well as political and economic issues, leadership, and ethical questions. This course also focuses on what is unique in the modern American experience and relates modern American experience to the broader global context. Students learn to form arguments and support them with facts; they learn to communicate coherently and courteously with those who disagree with an aim toward taking action to improve the world.

### **SOCIOLOGY - 412010**

**Benchmark:** Intermediate

**Content Proficiencies:** Civics, Economics, History

**Transferable Skills:** Effective Communication

**Prerequisites:** none

**Grade:** 10-12

**Duration:** Semester

Sociology is a one-semester course where you investigate how social systems influence human interactions. Instead of focusing on the brain-body connection as students do in Psychology, you collaborate with classmates to analyze group dynamics. You determine how group structure, individual interactions, inherent social problems and symbolism impact each person's choices and actions. You demonstrate your use of the "sociological perspective" to understand our global society and analyze current events. Considerable effort goes into conducting active, "hands on" research and analyzing group experiences. Collaborative participation in these activities is a key to the class' and your success.

### **VERMONT HISTORY - 411015**

**Benchmark:** Intermediate

**Content Proficiencies:** History

**Transferable Skills:** Effective Communication

**Prerequisites:** None

**Grade:** 10-12

**Duration:** Semester

Vermont History is a semester-long course that explores selected topics in the history of our home state from its first settlement by Native Americans, to the present day. While the course will follow a general chronological framework, treating each major historical period in turn, students will be encouraged to explore topics of personal interest to them in any historical period, or across several periods.

### **AMERICAN MILITARY HISTORY A: 1750 - 1900 - 411012**

**Benchmark:** Intermediate

**Content Proficiencies:** History, Geography

**Transferable Skills:** Effective Communication

**Prerequisites:** None

**Grade:** 10-12

**Duration:** Semester

This one-semester elective course provides students the opportunity to explore war as a complex political, social, cultural, and technological phenomenon. The course begins with an introduction to the military art through the examination of a small selection of battles from the ancient world and will continue with an exploration of the American military experience from the American Revolution through the Indian Wars of the latter 19th Century. The American Civil War is a focus of the course.

### **AMERICAN MILITARY HISTORY B: 1900 - PRESENT - 411011**

**Benchmark:** Intermediate

**Content Proficiencies:** History, Geography

**Transferable Skills:** Effective Communication

**Prerequisites:** None

**Grade:** 10-12

**Duration:** Semester

This one-semester elective course provides students the opportunity to explore war as a complex political, social, cultural, and technological phenomenon. The course begins with an introduction to the military art through the examination of a small selection of battles from around the world and will continue with an exploration of the American military experience from World War I to the challenges of global terrorism and cyber warfare today. World War II and Vietnam are both a focus of the course. Students may take this course without taking American Military History A as a prerequisite.

**AP UNITED STATES HISTORY A - 412030****AP UNITED STATES HISTORY B - 412031****Benchmark:** Advanced Placement**Content Proficiencies:** Civics, Economics, Geography, History**Transferable Skills:** Effective Communication**Prerequisites:** Proficiency in Advanced level coursework. Permission may be given on an individual basis by the Humanities teaching team and school counselors.**Grade:** 11-12**Duration:** Year-long

Advanced Placement US History is a full year, one credit course that surveys American History from the Age of Exploration up to the 21st century. The course is structured so that the student can successfully prepare to take the AP US History exam in May. Through this course, students will be provided with practical knowledge of U.S. history, practice in critical thinking activities and experience in effective writing techniques that will better prepare them not only for the AP exam but also for their future educational aspirations.

**Alternating Courses: Offered 2024-25****PSYCHOLOGY - 412000****Benchmark:** Advanced**Content Proficiencies:** History**Transferable Skills:** Personal Development, Innovative Thinking, Effective Communication**Prerequisites:** none, \*10th graders with approval from instructors.**Grade:** 11-12\***Duration:** Semester

The field of brain research is exploding. In Psychology, we take the first steps toward understanding the mind boggling connections within our brains and through our bodies. Your brain exists for you to individually take action in this world, and Psychology class helps you understand why you take those actions. In class, you will help select the most recent research available to uncover the brain discoveries. You will examine how psychology is used in identity development, sports and daily life. You will leave understanding how human senses, emotions and neurological differences create uniquely wonderful human beings.

**THE MIDDLE AGES TO THE FRENCH REVOLUTION - 411016****Benchmark:** Advanced**Content Proficiencies:** Geography, History**Transferable Skills:** Effective Communication, Personal Development**Prerequisites:** US History \*10th graders with approval from instructors.**Grade:** 11-12\***Duration:** Semester

Students will explore the events and cultural exchanges that led to revolutions in thinking and technology. Students will examine how the Western European culture, political systems, and economies developed as a result of the revolutionary events of the 14th-18th centuries.

**BIG HISTORY: A HISTORY OF THE WORLD FROM THE BIG BANG TO THE PRESENT - 411017****Benchmark:** Intermediate**Content Proficiencies:** History**Transferable Skills:** Community Connection, Effective Communication, Personal Development**Prerequisites:** None**Grade:** 10-12**Duration:** Semester

Big History examines our past, explains our present, and imagines our future. It's a story about us: an attempt to grasp history as a whole, using an interdisciplinary approach. The course starts with the Big Bang and then follows the development of the universe, the stars, galaxies, solar systems and planets, with a special focus on life on Earth and the development and progress of civilizations through the present and on into the future. 13.8 billion years of history in one semester! While this course is sure to attract those who love science and technology, it is open to all students with a desire to learn more about how we got here, where we're going, and how we fit in.

**NAZI GERMANY AND THE HOLOCAUST: A CASE STUDY IN TYRANNY - 411018****Benchmark:** Advanced**Content Proficiencies:** Civics, History**Transferable Skills:** Effective Communication, Personal Development**Prerequisites:** US History \*10th graders with approval from instructors.**Grade:** 11-12\***Duration:** Semester

This course explores the experience of Germany from the end of WWI through the Fall of the Third Reich in 1945, to the resurrection of a democratic state from the ashes of WWII. The course examines the failure of the democratic Weimar Republic that leads to the tyranny of the Nazi regime and the use of power, politics, and propaganda that allows the Nazis to gain and keep control. The Holocaust is a major focus of the course. Other themes of the course include Anti-Semitism, internal German political opposition, Germany's militaristic foreign policy, and Germany's fascist allies. Emphasis will be placed on students' ability to put the Nazi experience in broad historical context and the appreciation of the interaction of culture, economics, and politics.

#### **AP EUROPEAN HISTORY A - 412040**

#### **AP EUROPEAN HISTORY B - 412041**

**Benchmark:** Advanced Placement

**Grade:** 11-12

**Content Proficiencies:** Civics, Economics, Geography, History

**Duration:** Year-long

**Transferable Skills:** Community Connection, Effective Communication, Personal Development

**Prerequisites:** Proficiency in Advanced level coursework. Permission may be given on an individual basis by the Humanities teaching team and school counselors.

Advanced Placement European History is a full year, one credit course that introduces students to European History and develops an understanding of the main themes in modern European history, including political and diplomatic, intellectual and cultural, and social and economic history. The course is structured so that the student can successfully prepare to take the AP European History exam in May. Students will be provided with practical knowledge of European history, practice in critical thinking activities and experience in effective writing techniques that will better prepare them not only for the AP exam but also for their future educational aspirations.

### **MATHEMATICS (CONTENT & PRACTICES)**

**Proficiencies:** (3 proficiency credits of Mathematics expected to attain proficiency):

Mathematics (Content & Practices) (evidence of proficiency required in all areas at intermediate benchmark)	
<b>Mathematical Concepts &amp; Skills</b>	Student demonstrates their knowledge of key mathematical content and skills.
<b>Financial Literacy</b>	Student applies reliable information and systematic decision making to personal financial decisions.
<b>Statistical Literacy</b>	Student reads and accurately interprets data presented by the media in the form of statements, surveys, tables and graphs.

Course Offerings:

Yearly Offerings
Bridge to Integrated Math A and B (9-10)
Integrated Math 1 A and B (9-10)
Integrated Math 2 A and B (9-12)
Integrated Math 3 A and B (10-12)
*Money Matters 1 (11-12)
Money Matters 2 (11-12)

Pre-Calculus A and B (11-12)
Semester Pre-Calculus (10-12)
Statistical Reasoning (11-12)
AP Calculus A and B (11-12)
VHS Math
Dual Enrollment Math

\*required course

### **BRIDGE TO INTEGRATED MATH A - 709000**

### **BRIDGE TO INTEGRATED MATH B - 709001**

**Benchmark:** Novice

**Grade:** 9-10

**Content Proficiencies:** Math Concepts & Skills,

**Duration:** Year-long

**Transferable Skills:** Personal Development, Effective Communication

**Prerequisites:** none

Bridge to Integrated Math is designed to prepare students for the Integrated Math sequence. Students will explore topics in number and quantity, algebra and statistics. Topics of study in this course include: exploring and communicating mathematics; simplifying expressions, solving equations and systems of equations; problem solving; coordinates and functions; proportional thinking; properties of linear functions; and two and three dimensional geometry.

### **INTEGRATED MATH 1 A - 709010**

### **INTEGRATED MATH 1 B - 709011**

**Benchmark:** Intermediate

**Grade:** 9-10

**Content Proficiencies:** Math Concepts & Skills

**Duration:** Year-long

**Transferable Skills:** Personal Development, Effective Communication

**Prerequisites:** none

Integrated Math 1 is a first level course in a core curriculum of high school mathematics. Students will explore topics in number and quantity, algebra and statistics. Topics of study in this course include: exploring and communicating mathematics; simplifying expressions, solving equations and systems of equations; problem solving; coordinates and functions; proportional thinking; properties of linear functions; and two and three dimensional geometry.

### **INTEGRATED MATH 2 A - 709020**

### **INTEGRATED MATH 2 B - 709021**

**Benchmark:** Intermediate

**Grade:** 9-12

**Content Proficiencies:** Math Concepts & Skills

**Duration:** Year-long

**Transferable Skills:** Personal Development, Effective Communication

**Prerequisites:** Integrated Math 1; recommended 2.5 or above Academic grade in Integrated 1

Integrated Math 2 is a second level course in a core curriculum of high school mathematics. Students will explore additional topics in algebra, geometry, and mathematical computation. Topics of study in this course include: quadratic and exponential functions and graphs; special triangle relationships including introduction to trigonometry.

### **INTEGRATED MATH 3 A - 709030**

### **INTEGRATED MATH 3 B - 709031**

**Benchmark:** Advanced

**Grade:** 10-12

**Content Proficiencies:** Math Concepts & Skills

**Duration:** Year-long

**Transferable Skills:** Personal Development, Effective Communication

**Prerequisites:** Integrated Math 2; recommended 2.5 or above Academic grade in Integrated 2

Integrated Math 3 is a third level course in a core curriculum of high school mathematics. Students will explore additional topics in algebra, geometry, statistics, logical reasoning, and mathematical computation. Topics of study in this course include: sequences and series; exponential functions; polynomial functions; introduction to data literacy; the unit circle; imaginary numbers and special relationships in circles.

### **MONEY MATTERS 1 - 711000**

**Benchmark:** Advanced

**Content Proficiencies:** Financial Literacy

**Transferable Skills:** Personal Development

**Prerequisites:** Integrated Math 1

**Grade:** 11-12

**Duration:** Semester

Money Matters 1 is a required course needed for graduation. This course focuses on the math that helps us manage our personal finances and the economic context in which financial decisions are made. Instruction will link mathematical procedures to broader economic concepts in addition to maintaining math skills. Topics covered include careers, budgets, paychecks, banking, financial pitfalls (such as fraud and scams) and credit.

### **MONEY MATTERS 2 - 711001**

**Benchmark:** Advanced

**Content Proficiencies:** Financial Literacy\*

**Transferable Skills:** Personal Development

**Prerequisites:** none \*Does not meet Financial Literacy graduation requirement.\*

**Grade:** 11-12

**Duration:** Semester

Money Matters 2 also focuses on the math that helps us manage our personal finances and the economic context in which financial decisions are made. Topics in this course include investing, housing, insurance, taxes, entrepreneurship, and vacations.

### **PRE-CALCULUS A - 710000**

### **PRE-CALCULUS B - 710001**

**Benchmark:** Advanced

**Content Proficiencies:** Math Concepts & Skills

**Transferable Skills:** Effective Communication

**Prerequisites:** Integrated Math 3; recommended 2.5 or above Academic grade in Integrated 3

**Grade:** 11-12

**Duration:** Year-long

Pre-calculus blends the concepts and skills that must be mastered before enrollment in a college-level calculus course. The primary goal of this course is to expand and reinforce the ability to understand, manipulate, and apply mathematical concepts. Topics of study in this course include: functions and their graphs; polynomial and rational functions; exponential and logarithmic functions; trigonometric functions; analytic trigonometry; additional topics in trigonometry; linear systems; vectors; the polar coordinate system; and a brief introduction to entry level calculus topics.

### **SEMESTER PRE-CALCULUS - 710002** (meets daily)

**Benchmark:** Advanced

**Content Proficiencies:** Math Concepts & Skills

**Transferable Skills:** Effective Communication

**Grade:** 10-12

**Duration:** Semester

*Semester 2 only*

**Prerequisites:** Integrated Math 3A; recommended 2.5 or above Academic grade in Integrated 3

Semester Pre-Calculus is a math course designed for students who want to accelerate their math learning after the first semester of IM3. This course will cover all of the topics of Pre-Calculus (with the exception of vectors and the polar coordinate system) plus the remaining IM3 learning targets in a semester versus a year. For that reason, this course will meet DAILY second semester.

Ideal candidates for this course should have routinely met or exceeded the standards in both Integrated 2 and the first semester of Integrated 3. Students in this course should have a strong interest in completing AP Calculus or other upper level math electives before graduation.



**STATISTICAL REASONING - 712001****Benchmark:** Advanced**Content Proficiencies:** Statistical Literacy**Transferable Skills:** Personal Development**Prerequisites:** Integrated Math 3**Grade:** 11-12**Duration:** Semester

Data, Data, Data, it is everywhere! Smartphones and Fitbits can collect data continuously. Phone Apps are even created to help the user or an organization collect data. In this course students explore how statistics can be used to impact business, environmental, and personal decisions. Students will learn skills essential for understanding and interpreting statistics. We will interpret and critique statistics in the media and explore the major concepts and tools for gathering, analyzing and interpreting data. This course is a great introduction to statistics for students pursuing further education in psychology, business, education, or social sciences as well as math and science.

**AP CALCULUS A - 711010** *(meets daily first semester)***AP CALCULUS B - 711011****Benchmark:** Advanced**Content Proficiencies:** Math Concepts & Skills**Transferable Skills:** Community Connection**Prerequisites:** Pre-Calculus; *recommended 2.5 or above Academic grade in Pre-calculus***Grade:** 11-12**Duration:** Year-long

This rigorous course is designed for students who want to continue their study of mathematics at an advanced level. Students considering a career in science, mathematics or engineering are encouraged to enroll in this course. Calculus focuses on limits and continuity as well as concepts and applications of derivatives and integrals. Students may receive college credit or advanced college placement for high scores on the AP exam given each May.

AP Calculus is intended for students who have a comfortable working knowledge of college preparatory mathematics, including algebra and trigonometry. In line with the calculus reform movement, conceptual understanding will be stressed throughout the course. The expectations are similar to those of a college-level course, therefore students are expected to devote at least as much time outside of class to the course as the time spent in class. This course will meet for a full block daily during the first semester and every other day during second semester.

**SCIENCE (INQUIRY & CONTENT KNOWLEDGE)**

Proficiencies *(3 proficiency credits of Science is expected to attain proficiency):*

Science (Inquiry & Content Knowledge) (evidence of proficiency required at the intermediate benchmark for all areas)	
<b>Physical Sciences</b>	Student recognizes and analyzes matter, reactions, energy, characteristics of waves and physical systems.
<b>Life Sciences</b>	Student recognizes and analyzes molecular, structural, and chemical biology; the characteristics, functions, and behavioral interactions within an ecosystem and genetics, adaptation, and biodiversity.
<b>Earth &amp; Space Sciences</b>	Student recognizes and analyzes Earth's systems and the origins, interactions and relationships between and among the Earth, our solar system and the universe.
<b>Scientific Inquiry</b>	Student engages in scientific investigations through the disciplinary core ideas using inquiry practices.

## Course Offerings:

Yearly Offerings	Alternating Year Offerings (23-24)	Alternating Year Offerings (24-25)
*Earth Science A & B (9)	Vermont Ecology (10-12)	Biology of Foods (10-12)
*Biology A & B (10-12)	ENVR SCI: Energy, Pollution, and Climate Change (10-12)	Astronomy (10-12)
Physics A & B (10-12)	ENVR SCI: Humans and Nature (10-12)	Vermont Ecology (10-12)
Chemistry 1 A & B (10-12)	Forensic Science (10-12)	Human Anatomy & Physiology (10-12)
Science: An Investigative Approach (10-12)		
AP Biology A & B + Lab A & B (11-12)		
Guided Learning Opportunity (GLO) Science A and B (9-12)		
Independent Learning Opportunity (ILO) Science A and B (9-12)		
VHS Science		
Dual Enrollment Science		

\*required course

### **EARTH SCIENCE A - 1009000**

### **EARTH SCIENCE B - 1009001**

**Benchmark:** Intermediate

**Content Proficiencies:** Physical Science, Earth & Space Science, Science Inquiry

**Transferable Skills:** Effective Communication, Innovative Thinking

**Prerequisites:** none

**Grade:** 9

**Duration:** Year-long

In this course you will be exploring how scientists observe the natural world to explain and understand the Earth. You will delve into how scientists test hypotheses and develop theories, study the interacting systems of our planet, and understand the geological events that have shaped Earth's features while learning about the Earth from its core to the atmosphere and beyond. You will also explore the relationship that humans have with our planet and investigate the science behind climate change and sustainability while developing solutions for the future.

### **BIOLOGY A: BASIC THEMES - 1010000**

### **BIOLOGY B: SECRETS OF LIFE - 1010001**

**Benchmark:** Intermediate

**Content Proficiencies:** Life Science, Physical Science, Science Inquiry

**Transferable Skills:** Innovative Thinking, Effective Communication

**Prerequisites:** Earth Science or \*9th graders with permission from the instructor

**Grade:** 10-12

**Duration:** Year-long

Biology A is a foundational course to allow you to further your life science studies. You will learn about the nature and practice of science and design and carry out your own inquiry study. You will explore life by looking at the vast variety of life forms, gaining an appreciation for the diversity of life, and investigate the question, "What is life, biologically speaking?" In the Biochemistry unit, you will learn about the building components of life and the chemical reactions that make life possible. Get excited for exploring life in Biology A.

In Biology B, you will learn about cells, their structure and the processes that occur inside of them. You will also investigate how cells reproduce, with a special look at how meiosis cell division is the key to genetic variety. You will then study the fundamentals of genetics. The structure and function of DNA and how proteins are made will be a major focus. Evolution of life will be integrated throughout Biology A and Biology B.

**PHYSICS 1A - 1010040**

**PHYSICS 1B - 1010041**

**Benchmark:** Advanced

**Content Proficiencies:** Physical Science, Science Inquiry

**Transferable Skills:** Personal Development, Innovative Thinking

**Prerequisites:** Earth Science and Integrated Math 2

**Grade:** 10-12

**Duration:** Year-long

In this course you will use class investigations to explore how matter and energy interact in the universe. Topics will include: One- and Two-Dimensional Motion, Newton's Laws of Motion, Conservation of Momentum, Thermodynamics, and Electromagnetism. Students signing up for this course should be prepared to work outside of class, to be an independent learner willing to complete outside readings, practice assignments and meet with the teacher as needed to understand material that at times can be difficult. Successful physics' students should enjoy applying what they have learned in math to understand the physical properties of the universe we live in.

**CHEMISTRY 1A- 1009010**

**CHEMISTRY 1B - 1009011**

**Benchmark:** Advanced

**Content Proficiencies:** Physical Science, Science Inquiry

**Transferable Skills:** Community Connection, Innovative Thinking, Effective Communication

**Prerequisites:** Biology, Integrated Math 2

**Grade:** 10-12

**Duration:** Year-long

In this course, you will explore the fundamental concepts of chemistry and relate these to real life situations and problems. You will gain an understanding of how chemists investigate the natural world by examining chemicals and the reactions between them. You will gain a deeper understanding of the nature of matter, the role of energy in our world, how gases and liquids interact. You will also explore how chemistry relates to design and engineering, energy production, climate change, and clean air as well as potential solutions to issues affecting people and the Earth.

**SCIENCE: AN INVESTIGATIVE APPROACH - 1009003**

**Benchmark:** Intermediate

**Content Proficiencies:** Physical Science, Science Inquiry

**Transferable Skill:** Innovative Thinking, Effective Communication

**Prerequisites:** None

**Grade:** 10-12

**Duration:** Semester

Are you interested in why things work the way they do? Are you the type of person who appreciates the 'appetizer' portion of a restaurant menu because it allows you to try small portions of many things you might like? If you answered yes to both of those questions, then this course might be the one for you. Join your teacher and classmates in exploring topics like, "What is sound, and how can I measure how fast sound travels?" or "How do transformers work to increase or decrease the flow of potential electrical energy?"

**AP BIOLOGY CLASS A - 1011040**

**AP BIOLOGY CLASS B - 1011041**

**AP BIOLOGY LAB A - 1011042** (double block)

**AP BIOLOGY LAB B - 1011043** (double block)

**Benchmark:** Advanced

**Content Proficiencies:** Life Science, Science Inquiry

**Transferable Skills:** Personal Development, Effective Communication

**Prerequisites:** Earth Science, Biology, Chemistry

**Grade:** 11-12

**Duration:** Year-long

The purpose of this course is to give you a solid technical understanding of the major ideas in Biology. Near the end of the course, you may take a national exam that may qualify you for college credit or placement out of entry-level college courses. We will explore evolution and the molecular basis of life in semester 1. Metabolism and ecology are major topics in semester 2. Learning will occur via traditional classroom modalities and significant student inquiry in the

lab. This college level course proceeds at a fast pace and enrolled students should be prepared to dedicate at least 1 hour per night to completing assignments, reading and self-study.

#### **GUIDED LEARNING OPPORTUNITY (GLO) SCIENCE A - 910034**

#### **GUIDED LEARNING OPPORTUNITY (GLO) SCIENCE B - 910035**

**Benchmark:** Intermediate

**Content proficiencies:** Earth & Space Science, Life Science, Physical Science, Inquiry

**Transferable Skills:** Determined Upon Enrollment

**Prerequisites:** (do not need to meet all of them) 1.9 or below HOW grade in prior Science course, 2.5 or below academic grade in prior Science course, Tier 2 or 3 team recommendation.

**Grade:** 9-12

**Duration:** Semester

*Can be repeated.*

A GLO in Science is an opportunity to practice and improve scientific inquiry while studying a topic of choice. A GLO provides extra support and guidance as the student practices personalized learning skills. Students must have an interest to work independently. Off-site time with a community mentor is strongly encouraged.

#### **INDEPENDENT LEARNING OPPORTUNITY (ILO) SCIENCE A - 909032**

#### **INDEPENDENT LEARNING OPPORTUNITY (ILO) SCIENCE B - 909036**

**Benchmark:** Intermediate

**Content proficiencies:** Earth & Space Science, Life Science, Physical Science, Inquiry

**Transferable Skills:** Determined Upon Enrollment

**Prerequisites:** (must meet one) 3.0 or above in HOW prior Science course, 3.0 or above in academic prior Science course..

**Grade:** 9-12

**Duration:** Semester

*Can be repeated.*

An ILO in Science is an opportunity to practice and improve scientific inquiry while studying a topic of choice. Students must have proven ability to work independently. Off-site time with a community mentor is strongly encouraged.

### **Anticipated Alternating Courses: Offered 2023-24**

#### **VERMONT ECOLOGY - 1011011**

**Benchmark:** Intermediate

**Content Proficiencies:** Life Science, Science Inquiry

**Transferable Skills:** Effective Communication

**Prerequisites:** Biology

**Grade:** 10-12

**Duration:** Semester

In Vermont Ecology, explore and learn about the Vermont ecosystem and the current environmental issues in the state. This course will focus on both freshwater aquatic and terrestrial ecosystems. Students will learn about the history of the Vermont ecosystem and explore the current state of Lake Champlain and feeding watersheds and the Vermont forest through hands-on environmental monitoring methods. After becoming more informed, get ready to discuss the future of Vermont and form opinions about current management and issues. Develop a plan to move our state forward.

#### **ENVR SCI: ENERGY, POLLUTION AND CLIMATE CHANGE -1011021**

**Benchmark:** Advanced

**Content Proficiencies:** Earth & Space Science, Physical Science, Science Inquiry

**Transferable Skills:** Innovative Thinking, Effective Communication

**Prerequisites:** Earth Science and Biology

**Grade:** 10-12

**Duration:** Semester

In this course you will explore how the growing energy needs of human populations are currently met using a variety of techniques, and you will assess the long-term viability and effects of these methods to understand their impact on the environment and human populations. You will also explore the causes and effects of pollution as well as develop your engineering skills by exploring ways to avoid or solve these problems. You will also study the causes and impacts of global climate change.

\*You may enroll in this course as a stand-alone, one semester course, or it can be combined with Humans and Nature for a complete, rigorous, year-long environmental science course.

### **ENVR SCI: HUMANS AND NATURE - 1011020**

**Benchmark:** Advanced

**Content Proficiencies:** Earth & Space Science, Science Inquiry

**Transferable Skills:** Innovative Thinking, Effective Communication

**Prerequisites:** Earth Science and Biology

**Grade:** 10-12

**Duration:** Semester

In this course, you'll explore Earth systems and resources, the interconnectivity of the living world, population dynamics, and issues of land and water use. You'll tackle the concepts of geology, atmospheric circulation, water resources, and soil dynamics. You'll also gain a deeper understanding of ecosystem structures and biodiversity, as well as how these processes affect humans and the environment. Additionally, you will explore nutrient cycling, water and land use, and how an ever-growing human population puts pressure on natural resources.

\*You may enroll in this course as a stand-alone, one semester course, or it can be combined with Energy, Pollution, and Climate Change for a complete, rigorous, year-long environmental science course.

### **FORENSIC SCIENCE - 1011000**

**Benchmark:** Intermediate

**Content Proficiencies:** Physical Science

**Transferable Skills:** Innovative Thinking, Effective Communication

**Prerequisites:** None

**Grade:** 10-12

**Duration:** Semester

Students will learn selected techniques used in forensic investigations. They will apply those techniques to crime scene and evidence analysis. The course will include laboratory exercises in evidence collection, analysis, and the application of forensic techniques in fiction.

### **Alternating Courses: Offered 2024-25**

### **BIOLOGY OF FOODS: FROM FARM TO PLATE - 1010010**

**Benchmark:** Flexible

**Content Proficiencies:** Life Science, Science Inquiry

**Transferable Skills:** Personal Development, Innovative Thinking, Effective Communication

**Prerequisite:** Earth Science, Biology

**Grade:** 10-12

**Duration:** Semester

This course will take a closer look at the biology of food from the farm all the way to your dinner plate. Students will define food and explore the biochemistry of food and nutrition through hands-on explorations and cooking activities. Students will cultivate the Mt. Abe gardens and learn about the history and current practices in world food production and transport, exploring the benefits and consequences of these practices. After learning about sustainable agricultural practices, students will focus on a food-related issue and develop a plan to improve or solve the problem. Be prepared to get your hands dirty, eat some yummy food, and engage in learning.

### **ASTRONOMY - 1010050**

**Benchmark:** Intermediate

**Content Proficiencies:** Earth & Space Science, Science Inquiry

**Transferable Skills:** Innovative Thinking Effective Communication

**Prerequisites:** None

**Grade:** 10-12

**Duration:** Semester

Come find your place in the Universe! Astronomy is a semester-long course that will give students a general introduction to the mysteries of the cosmos. In this course, we will identify objects in the night sky, use telescopes to make day and night observations, learn about our connection to the stars, and more. We will gain this understanding through activities, labs, projects, and the use of our planetarium.

### **VERMONT ECOLOGY - 1011011**

**Benchmark:** Intermediate

**Content Proficiencies:** Life Science, Science Inquiry

**Transferable Skills:** Effective Communication

**Prerequisites:** Biology

**Grade:** 10-12

**Duration:** Semester

In Vermont Ecology, explore and learn about the Vermont ecosystem and the current environmental issues in the state. This course will focus on both freshwater aquatic and terrestrial ecosystems. Students will learn about the history of the Vermont ecosystem and explore the current state of Lake Champlain and feeding watersheds and the Vermont forest through hands-on environmental monitoring methods. After becoming more informed, get ready to discuss the future of Vermont and form opinions about current management and issues. Develop a plan to move our state forward.

### **HUMAN ANATOMY AND PHYSIOLOGY - 1011035**

**Benchmark:** Flexible

**Grade:** 10-12

**Content Proficiencies:** Life Science, Science Inquiry

**Duration:** Semester

**Transferable Skills:** Personal Development, Community Connection, Effective Communication

**Prerequisites:** Biology

This course will take a closer look at one of the most fascinating subjects possible—your own body. You'll find it helpful to learn about the workings of your body to appreciate emerging discoveries in genetic engineering, to understand new techniques for detecting and treating disease, and to make use of published facts on how to stay healthy. If you are preparing for a career in the health sciences, the study of anatomy and physiology is essential. Note: Limited dissections will be a learning tool in this course, but are not required. Alternatives will be provided for students who opt out.

## **PHYSICAL EDUCATION**

*Proficiencies (1.5 proficiency credits of PE required for graduation):*

Physical Education (evidence of proficiency required in all areas at the intermediate benchmark)	
<b>Movement Skills and Knowledge Application</b>	Student demonstrates competency in a variety of motor skills and movement patterns and applies knowledge of concepts, principles, strategies and tactics related to movement and performance.
<b>Fitness Skills and Knowledge</b>	Student demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.
<b>Affective Qualities and Social Interaction</b>	Student promotes the success of self and others by demonstrating responsible personal and social behavior that values physical activity for enjoyment, challenge, self-expression, and social interaction.

### **Course Offerings:**

Yearly Offerings
*PE Level 1 A and B (9)
PE Level 2 (10-12)
Beyond the Gym (10-12)
Personal Fitness (10-12)

*\*required course*

**PHYSICAL EDUCATION LEVEL 1 A - 809000****PHYSICAL EDUCATION LEVEL 1 B - 809001****Benchmark:** Intermediate**Content Proficiencies:** Fitness Skills & Knowledge, Movement Skills & Knowledge,  
Application, Affective Qualities & Social Interactions**Transferable Skills:** Personal Development, Effective Communication**Prerequisites:** none**Grade:** 9**Duration:** Year-long

Physical Education Level 1 A/B is a year-long course required of all 9th grade students. Each student must take 1.5 years of physical education in order to meet the graduation requirements. Over the year students will participate in a variety of traditional sports, swim, and lifetime fitness activities. Completion of PE Level 1 A and PE Level 1 B along with PE Level 2, Beyond the Gym or Personal Fitness will fulfill PE content area proficiency graduation requirements for the class of 2020 and beyond.

**PHYSICAL EDUCATION LEVEL 2 - 810000****Benchmark:** Intermediate**Content Proficiencies:** Fitness Skills & Knowledge, Movement Skills & Knowledge  
Application, Affective Qualities & Social Interactions**Transferable Skills:** Personal Development, Effective Communication**Prerequisites:** PE Level 1**Grade:** 10-12**Duration:** Semester

Physical Education Level 2 is a semester-long course and is open to students who have completed PE Level 1 A & PE Level 1 B. Each student must have 1.5 years of physical education in order to meet the graduation requirements. During the semester students will participate in approximately six to eight activities, which include aquatics, team, individual, and lifetime activities. Students will focus on improving their individual fitness level throughout the semester. This class, along with successful completion of prerequisites PE Level 1 A and PE Level 1 B, fulfills Physical Education content area proficiency graduation requirements for the class of 2020 and beyond.

**BEYOND THE GYM - 810004****Benchmark:** Flexible**Content Proficiencies:** Fitness Skills & Knowledge, Movement Skills & Knowledge  
Application, Affective Qualities & Social Interactions**Transferable Skills:** Personal Development**Prerequisites:** The student must have previously completed PE Level 1 A & B or attained prior permission from the instructor to take this course.**Grade:** 10-12**Duration:** Semester*Can be repeated with instructor permission*

Beyond the Gym is an online hybrid physical education class that enables you to complete one semester of physical education outside the traditional gym walls while having the support of a PE teacher here at Mt. Abe. Beyond the Gym students are required to complete at least 150 minutes of exercise on their own time each week, which can include participation on a sports team, working out at a gym outside of school, tracking exercise in an app like Garmin Connect, Strava, or Fitbit, etc... Students will also have two or more asynchronous remote lesson assignments through google classroom each week, and the course culminates with a fitness plan project which involves creating and carrying out a personalized workout plan and reflecting on progress. Course topics include basic health and fitness, functional training, workout plan design, nutrition, and more. Periodic in-person meetings with the course instructor are required for the course orientation and fitness assessment at the beginning and end of the fitness plan project.

**PERSONAL FITNESS - 810001****Benchmark:** Advanced**Content Proficiencies:** Fitness Skills & Knowledge, Movement Skills & Knowledge  
Application, Affective Qualities & Social Interactions**Transferable Skills:** Personal Development**Prerequisites:** PE Level 1**Grade:** 10-12**Duration:** Semester*Can repeat course.*

Personal Fitness is a semester long course and is open to students who have completed PE Level 1 A and PE Level 1B. Personal Fitness is a course based on exercise physiology principles. Topics of study are: energy balance, strength training, cardio-respiratory training, nutrition, body composition and fitness plan design. Students participate in and create individual and group workouts while studying various forms of fitness training and current trends in fitness. Class

may meet outside the school day. Classes are held at Bristol Health & Fitness. Students must purchase a Bristol Health & Fitness membership. This class, along with successful completion of PE9A and PE9B, fulfills Physical Education content area proficiency graduation requirements for the class of 2020 and beyond.

## HEALTH EDUCATION

Proficiencies: (0.5 proficiency credits of Health Education is expected for graduation)

Health Education (evidence of proficiency required in both areas at intermediate benchmark)	
<b>Health Concepts</b>	Student comprehends concepts related to health promotion and disease prevention to enhance health.
<b>Health Skills</b>	Student demonstrates the ability to practice health enhancing behaviors and skills to avoid or reduce risks.

### Course Offerings:

Yearly Offerings
*Health and Wellness (10-12)
VHS Health - with school permission

\*required course

## HEALTH AND WELLNESS - 810013

**Benchmark:** Advanced

**Content Proficiencies:** Health Skills, Health Concepts

**Transferable Skills:** Personal Development, Effective Communication

**Prerequisites:** none

**Grade:** 10-12

**Duration:** Semester

In Health and Wellness you will study the topics of stress management, identifying your values, goal setting, decision making, relationships, reproduction health, drugs/alcohol, and addiction. You may also learn about nutrition, CPR/AED training, brain development and health, eating disorders, and other health topics. Through research and presentations, activities, and discussions you will learn in depth, accurate information you can then use to make appropriate decisions regarding these topics and your life. This is a semester-long course required for graduation.

## ARTISTIC EXPRESSION

Proficiencies (1 proficiency credit of Art is expected to attain proficiency):

Artistic Expression (evidence of proficiency required in all areas at the intermediate benchmark)	
<b>Creating</b>	Student conceives and develops new artistic ideas and work.
<b>Performing/Presenting</b>	Student realizes artistic ideas and works through interpretation and presentation.
<b>Responding/Reflecting</b>	Student recognizes and evaluates how the arts convey meaning, relating artistic ideas and work with personal meaning and external context.

### Course Offerings:

Visual Arts Offerings	Music Offerings
Introductory Art (9-12)	Learn Guitar (9-12)
Digital Photography (9-12)	Band A and B (9-12)



Ceramics 1 (9-12)	Performing Chorus A and B (9-12)
Jewelry Design 1 (9-12)	Play Piano (9-12)
Realistic Drawing (10-12)	Music and Media (9-12)
Painting Exploration (10-12)	Music Department Leadership Development (9-12)
Ceramics 2 (10-12)	Jazz Ensemble (before school) A and B (9-12)
Art and Technology (9-12)	A Cappella (before school) (9-12)
AP Studio Art and Design A and B (11-12)	
<b>Alternating Year Offerings (23-24)</b>	
Jewelry Design II/Metalsmithing (10-12)	
<b>Alternating Year Offerings (24-25)</b>	
Calligraphy (9-12)	

## VISUAL ARTS

### INTRODUCTORY ART - 309000

**Benchmark:** Intermediate

**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting

**Transferable Skills:** Personal Development, Innovative Thinking

**Prerequisites:** none (*This is a prerequisite for several advanced art courses.*)

**Grade:** 9-12

**Duration:** Semester

Introductory Art is an entry-level visual arts class. This class will teach foundational studio art skills, techniques, and concepts using various art materials. In addition, we will learn about the elements of Art as we complete a wide variety of hands-on projects. Introductory Art is a prerequisite for several other art classes.

### DIGITAL PHOTOGRAPHY - 1009020

**Benchmark:** Flexible

**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting

**Transferable Skills:** Personal Development, Innovative Thinking

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

*Can be repeated 2x.*

This semester-long course is meant to introduce students to the basic principles of photography, including the artistic and technical aspects of photographing and editing images. In addition, this course will teach basic Photoshop skills; students will learn to adjust, retouch and alter images after the camera has captured them.

### CERAMICS 1 - 309010

**Benchmark:** Intermediate

**Content Proficiencies:** Creating, Performing/Presenting

**Transferable Skills:** Personal Development, Innovative Thinking

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

Ceramics 1 is an introduction to basic methods of clay construction (coil, pinch, and slab and wheel). Through the construction of three-dimensional projects, students will develop knowledge of the properties of clay, hand-building methods, sculpture, firing methods and glaze application.

### **JEWELRY DESIGN I/METALSMITHING - 309015**

**Benchmark:** Intermediate

**Content Proficiencies:** Creating, Performing/Presenting

**Transferable Skills:** Personal Development, Innovative Thinking

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

Jewelry Design is an engaging introduction to the craft of jewelry making/metalsmithing. Students will learn techniques used by various cultures to make jewelry. They will produce handmade jewelry using brass, copper, and sterling silver. The pieces they create may include earrings, rings, bracelets, necklaces, and pendants. Students will become proficient in using hand tools and soldering techniques.

### **PAINTING EXPLORATION - 310010**

**Benchmark:** Intermediate/Advanced

**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting

**Transferable Skills:** Personal Development, Innovative Thinking

**Prerequisites:** Introductory Art

**Grade:** 10-12

**Duration:** Semester

*Can be repeated 2x.*

Painting Exploration is an upper-level high school class that builds on foundational painting skills learned in Introductory Art. In this course, we will emphasize composition and technique through the elements and principles of design. Students will have the opportunity to work with various painting materials, creating realistic and abstract works of art. *This course helps build an art portfolio and is recommended for Advanced Placement Art and Design.*

### **REALISTIC DRAWING - 310000**

**Benchmark:** Intermediate/Advanced

**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting

**Transferable Skills:** Personal Development, Innovative Thinking

**Prerequisites:** Introductory Art

**Grade:** 10-12

**Duration:** Semester

*Can be repeated 2x.*

Realistic Drawing is an upper-level high school class that builds on foundational drawing skills learned in Introductory Art. In this class, we will develop an awareness of basic composition and learn techniques to draw various subject matter accurately. We will learn to render things three-dimensionally using a wide variety of techniques. Different drawing media will be explored, including graphite, charcoal, ink, and colored pencils. This course approaches drawing as a learnable, teachable skill that anyone can accomplish with practice. *This course is helpful for building an art portfolio and is recommended for Advanced Placement Art and Design.*

### **ART AND TECHNOLOGY - 310002**

**Benchmark:** Flexible

**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting,

Design and Problem Solving, Technology and Machine Operation

**Transferable Skills:** Personal Development, Innovative Thinking

**Prerequisites:** Intro Art, Intro to CAD, Intro to Woodworking, Intro to Industrial Technology suggested but not required

**Grade:** 9-12

**Duration:** Semester

The connection between Art and Technology is rapidly growing and igniting creativity like never before. In this course, you will design your own Art and Technology integration by choosing projects that will utilize Technology to create Art. For example, you may choose to pursue metal sculpture. In this case you would learn about the artistic components, as well as learn to weld, and ultimately create your own metal sculpture that you have designed following the design process. Or perhaps you would like to create art using a laser cutter, or computer controlled metal torch. The opportunities are almost limitless.

**CERAMICS 2 - 310015****Benchmark:** Advanced**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting**Transferable Skills:** Personal Development, Innovative Thinking**Prerequisites:** Ceramics 1**Grade:** 10-12**Duration:** Semester*Can be repeated 2x.*

Ceramics 2 is a continuation of the exploration of the craft and art of clay. This class is intended for students committed to gaining independence, skill and knowledge in the field of ceramics. Students will use essential hand-building techniques as well as the potter's wheel to create complex and expressive forms. Students will also have the opportunity to explore alternative firing methods such as pit firing.

**AP STUDIO ART & DESIGN A - 311000****AP STUDIO ART & DESIGN B - 310020****Benchmark:** Advanced**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting**Transferable Skills:** Innovative Thinking**Prerequisites:** At least three high school visual arts classes or permission of the teacher leader.**Grade:** 11-12**Duration:** Year-long*Can be repeated 2x.*

AP Studio Art is an intensive course that addresses advanced concepts in drawing, painting and beyond. It is designed for students who want to continue their study of art at an advanced college level and who may be considering a career in art. The AP Studio Art program offers a choice of three different portfolios: Drawing, 2-D Design, and 3-D Design. In this course students are expected to perform at an advanced skill level while taking the initiative to develop their own commitments to content and personal voice. Each student designs a Sustained Investigation that focuses on a particular visual concern in which he or she has a compelling interest, and explores and develops a body of work. A substantial amount of work is required outside of class. At the conclusion of the course students are expected to submit an extensive portfolio for evaluation.

**Anticipated Alternating Course: Offered 2023-24****JEWELRY DESIGN II/METALSMITHING - 310020****Benchmark:** Advanced**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting**Transferable Skills:** Innovative Thinking**Prerequisites:** Jewelry Design 1**Grade:** 10-12**Duration:** Semester*Can be repeated 2x.*

The techniques used by today's jewelry makers have changed little since ancient times. It is a fascinating craft and can be pursued as a lifelong career. Students will continue using basic sawing, filing, soldering and stone setting skills and be introduced to enameling, metal etching, and small-scale metal sculpture. By adapting these techniques to their own designs, students will produce professional looking jewelry and art using metal as the primary medium as well as using acrylic.

**Alternating Course: Offered 2024-25****CALLIGRAPHY - 309005****Benchmark:** Intermediate**Content Proficiencies:** Creating, Performing/Presenting**Transferable Skills:** Personal Development**Prerequisites:** none**Grade:** 9-12**Duration:** Semester*Can be repeated 2x.*

Calligraphy is the art of beautiful handwriting. Students will acquire a basic understanding and appreciation of a variety of lettering styles and the necessity of consistent shape, size, slant, and spacing. Practice and patience are the keys for success in this class.

## MUSIC

### **LEARN GUITAR - 309065**

**Benchmark:** Intermediate

**Content Proficiencies:** Performing/Presenting, Responding/Reflecting

**Transferable Skills:** Personal Development

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

*Can be repeated 2x.*

Hendrix, Slash, Dylan. What do these great musicians have in common? They all learned how to play guitar. This class will teach you the basics of playing guitar. We'll learn how to play those pop songs you've been dying to learn. Equipment will be provided, and no previous music knowledge is needed. Although this course is geared for beginners, if you want to work on reading music and filling in some gaps this course is for you.

### **BAND A - 309050**

### **BAND B - 309051**

**Benchmark:** Flexible

**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting

**Transferable Skills:** Personal Development

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Year-long

*Can be repeated.*

High School Concert Band is a year-long course that explores the different styles and compositions of concert band literature. There are school and community-related performances that showcase the achievements of the class. Success in this course will be determined by how much a student is willing to put into learning to play an instrument better. Factors that determine success include facility, intonation, tempo, interpretation, technique, tone, dynamics, rhythmic accuracy and pitch accuracy. The proficiency of these factors will be determined through written exams and applied performances. Participation in this ensemble may lead to other music opportunities.

### **PERFORMING CHORUS A - 309030**

### **PERFORMING CHORUS B - 309031**

**Benchmark:** Flexible

**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting

**Transferable Skills:** Personal Development, Effective Communication

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Year-long

*Can be repeated.*

Students will be exposed to a variety of genres in choral music literature including classical, spirituals, pop, show, folk, and contemporary selections. Through the learning of this repertoire, students will develop a basic understanding of the music language in order to describe and perform the music with the composer's intent. All students are expected to perform in all musical presentations. Vocal performance will be stressed; however, students will work to develop skills in music literacy, sight singing and historical background. Students in Chorus may audition for District and All State Music Festivals.

### **PLAY PIANO - 309060**

**Benchmark:** Intermediate

**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting

**Transferable Skills:** Personal Development, Innovative Thinking

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

*Can be repeated.*

Students will learn the basic skills needed in order to read and play piano music. Students with previous knowledge will continue working to develop and maintain musical skills. A variety of methods and repertoire books will be used allowing students to work at their own level and pace. In conjunction with playing, students will also learn music theory and composition and are expected to complete daily homework assignments. This class works to maintain a balance of academic challenge and personal enjoyment.

**MUSIC & MEDIA - 309075****Benchmark:** Intermediate**Content Proficiencies:** Responding/Reflecting**Transferable Skills:** Determined Upon Enrollment**Prerequisites:** none**Grade:** 9-12**Duration:** Semester*Can be repeated 2x.*

Music influences everything it is a part of. In some contexts the music can evoke strong emotions or tell a story. This class will look at how music is chosen and how it's used in different contexts within media. We will look at the difference between an original score versus a soundtrack. We'll also look at how music is used to tell a story and how it can represent certain things. We'll be doing this analysis by watching a variety of different media and analyzing the music within it.

**MUSIC DEPARTMENT LEADERSHIP DEVELOPMENT - 311010****Benchmark:** Intermediate**Content Proficiencies:** Determined Upon Enrollment**Transferable Skills:** Determined Upon Enrollment**Prerequisites:** none**Grade:** 9-12**Duration:** Semester*Can be repeated.*

May be taken as an independent study. These students will help keep the music department running smoothly by providing assistance to both the vocal and instrumental directors. They will have the opportunity to learn administrative procedures and impact the course of the music department. Students will plan, organize, and execute Music Department events.

**JAZZ ENSEMBLE A - 309054***(meets before school)***JAZZ ENSEMBLE B - 309055***(meets before school)***Benchmark:** Advanced**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting**Transferable Skills:** Personal Development**Prerequisites:** Audition**Grade:** 9-12**Duration:** Year-long*Can be repeated.*

Have you wanted to play some great music and take fun trips? The members of the jazz ensemble have the opportunity to play a variety of different jazz styles and attend some great festivals. There are limited positions, so an audition process will be used to select players. You must be proficient on your instrument and able to read music. This class meets before school.

**A CAPPELLA A - 309040***(meets before school)***A CAPPELLA B - 309041***(meets before school)***Benchmark:** Advanced**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting**Transferable Skills:** Effective Communication, Innovative Thinking**Prerequisites:** Performing Chorus or permission from the director; Audition**Grade:** 9-12**Duration:** Year-long*Can be repeated.*

Mount Abe's vocal ensemble, Sweet Transition, is a co-ed auditioned group. Students will prepare a solo audition and are expected to be able to attend all before and after school rehearsals, as well as participate in all music department events and concerts. Students must be in the Performing Chorus for at least one year or have permission from the director. Students who are not able to fit chorus into their schedules by their senior year will not be accepted into the group.

## WORLD LANGUAGE

### Proficiencies:

World Language (not required for graduation)	
<b>Communication</b>	Student communicates effectively in more than one language in order to function in a variety of situations and for multiple purposes.
<b>Cultures</b>	Student interacts with cultural competence and understanding.

### Course Offerings:

French	Latin	Spanish
French 1 A & B	Latin 5 A & B	Spanish 1 A & B
French 2 A & B	<b>Latin phase out started in 2019-2020</b>	Spanish 2 A & B
French 3 A & B		Spanish 3 A & B
French 4 A & B		Spanish 4 A & B
French 5 A & B		Spanish 5 A & B
Guided Learning Opportunity (GLO) - World Language Exploration A and B		
Independent Learning Opportunity (ILO) - World Language Exploration A and B		
VHS World Language		

### **FRENCH 1A - 609000**

### **FRENCH 1B - 609001**

**Benchmark:** Novice

**Content Proficiencies:** Culture, Communication

**Transferable Skills:** Personal Development

**Prerequisites:** none

**Grade:** 8-12

**Duration:** Year-long

Studying a world language not only produces communicative competence, but also promotes cultural awareness and a broader world view. Second language study also provides a deeper understanding of one's native language. Spoken by more than 275 million people around the world, French is a practical language used in business, international affairs, and the arts. French 1 provides an overview of the French language, basic communicative tasks and cultural exploration of the French-speaking world. Students speak, read, write, and listen in the French language.

### **FRENCH 2A - 609010**

### **FRENCH 2B - 609011**

**Benchmark:** Intermediate

**Content Proficiencies:** Culture, Communication

**Transferable Skills:** Personal Development

**Prerequisites:** French 1; recommended 2.5 or higher Academic grade in French 1B

**Grade:** 9-12

**Duration:** Year-long

French 2 includes a review and continuation of concepts established in the French 1 curriculum. Students learn to describe past events using the passé composé. They expand their ability to communicate using vocabulary related to family, meals, technology, travel, clothing and French-speaking destinations around the world. Students examine authentic francophone texts, music, films and audio to expand their understanding of the French language and francophone cultures.

**FRENCH 3A - 610000****FRENCH 3B - 610001****Benchmark:** Intermediate**Content Proficiencies:** Culture, Communication**Transferable Skills:** Personal Development**Prerequisites:** French 2; recommended 2.5 or higher Academic grade in French 2B**Grade:** 10-12**Duration:** Year-long

In level 3, students will expand their understanding of vocabulary and grammar while extending their skills in all four areas of communication: listening, speaking, reading, and writing. Grammar topics will include passé composé, imparfait and reflexive verbs. Students gain exposure to examples of francophone poetry, literature, cinema and music. While increasing their communicative capacity, students also gain a deeper cultural and linguistic awareness of the francophone world.

**FRENCH 4A - 611000****FRENCH 4B - 611001****Benchmark:** Advanced**Content Proficiencies:** Culture, Communication**Transferable Skills:** Personal Development**Prerequisites:** French 3; recommended 2.5 or higher Academic grade in French 3B**Grade:** 11-12**Duration:** Year-long

In French 4, students continue to develop their skills in listening, speaking, reading, and writing. Students solidify their ability to correctly use verbal tenses and modes in French. Students read authentic francophone texts and study current issues of French-speaking societies through various sources including music, film, online media, news articles, poetry and literature. Students observe similarities and differences between their own cultures and the French-speaking world. This class is a combination of French 4 and 5 and follows a two-year revolving curriculum.

**FRENCH 5A - 611010****FRENCH 5B - 611011****Benchmark:** Advanced**Content Proficiencies:** Culture, Communication**Transferable Skills:** Personal Development**Prerequisites:** French 4; recommended 2.5 or higher Academic grade in French 4B**Grade:** 11-12**Duration:** Year-long

In French 5, students continue to develop their skills in listening, speaking, reading, and writing. Students solidify their ability to correctly use verbal tenses and modes in French. Students read authentic francophone texts and study current issues of French-speaking societies through various sources including music, film, online media, news articles, poetry and literature. Students observe similarities and differences between their own cultures and the French-speaking world. This class is a combination of French 4 and 5 and follows a two-year revolving curriculum.

**PLEASE NOTE:** Help in preparing for the AP language exam is available for students who seek the challenge independent of French 5. This option is only for seriously motivated students who are prepared to work independently at a very demanding level. It requires commitment and a considerable investment of time.

**Latin phase out started in the 2019-2020 school year.**

**LATIN 5A - 612000****LATIN 5B - 612001****Benchmark:** Advanced**Content Proficiencies:** Culture, Communication**Transferable Skills:** Personal Development**Prerequisites:** Latin 4; recommended 2.5 or higher Academic grade in Latin 4B**Grade:** 12**Duration:** Year-long

In Latin 5, students review Latin syntax and grammar while translating a variety of stories concerning Greek and Roman Demigods and heroes who served as examples and warnings for the Romans. Grammar and vocabulary are reviewed as needed, but the focus of the course moves from learning "new" Latin to consolidation and fluent reading. Latin 5 is a combined course with Latin 4 and operates on a two year revolving curriculum.

**SPANISH 1A - 609040****SPANISH 1B - 609041****Benchmark:** Novice**Content Proficiencies:** Culture, Communication**Transferable Skills:** Personal Development**Prerequisites:** none**Grade:** 8-12**Duration:** Year-long

Students in the level 1 Spanish course will learn to communicate at a basic level with emphasis placed on developing the four skills of speaking, listening, reading and writing. Students will learn to ask and answer basic questions, speak about themselves, their surroundings, their school, their families and their environments. Spanish 1 will explore the similarities and differences between Hispanic cultures through thematic units based on the Auténtico 1 textbook.

**SPANISH 2A - 609050****SPANISH 2B - 609051****Benchmark:** Intermediate**Content Proficiencies:** Culture, Communication**Transferable Skills:** Personal Development**Prerequisites:** Spanish 1; *recommended 2.5 or higher Academic grade in Spanish 1B***Grade:** 9-12**Duration:** Year-long

Spanish 2 includes a review and a continuation of concepts begun in Spanish 1. Students learn to communicate about family and family celebrations, the home and household chores, shopping, travel and vacations, and the media. Familiarity with the target language cultures and countries will be gained through exploring events and festivities in the Spanish-speaking world, as well as through music, film and other authentic resources. Consistent and active engagement in and outside of class is integral to ensuring success.

**SPANISH 3A - 610020****SPANISH 3B - 610021****Benchmark:** Intermediate**Content Proficiencies:** Culture, Communication**Transferable Skills:** Personal Development**Prerequisites:** Spanish 2; *recommended 2.5 or higher Academic grade in Spanish 2B***Grade:** 10-12**Duration:** Year-long

Spanish 3 is a spiraling continuum of Spanish 1 and 2. Vocabulary and grammar concepts from the previous levels will be reinforced throughout thematic units such as urban life, childhood and family celebrations, television and cinema, cooking and food, travel and future plans. These themes will provide opportunities to gain insight into cultural perspectives and practices within the very diverse Hispanic world and, where applicable, how they compare to those of the USA. In addition to the Auténtico 2 textbook, we will access a wide variety of media and authentic sources.

**SPANISH 4A - 611040****SPANISH 4B - 611041****Benchmark:** Advanced**Content Proficiencies:** Culture, Communication**Transferable Skills:** Personal Development**Prerequisites:** Spanish 3; *recommended 2.5 or higher Academic grade in Spanish 3B***Grade:** 11-12**Duration:** Year-long

Spanish 4 will continue to develop abilities in the four major communication skills - reading, writing, listening and speaking. Themes will provide opportunities to further explore Hispanic cultures and your own, with an aim to broaden your understanding of the world's diversity. The grammatical structures and extensive vocabulary complement the thematic units, and provide the tools for increasingly independent expression. This course follows a two-year revolving curriculum, and combines Spanish 4 and 5, with expectations adapted to each level.



**SPANISH 5A - 611050****SPANISH 5B - 611051****Benchmark:** Advanced**Content Proficiencies:** Culture, Communication**Transferable Skills:** Personal Development**Prerequisites:** Spanish 4; *recommended 2.5 or higher Academic grade in Spanish 4B***Grade:** 11-12**Duration:** Year-long

Spanish 5 will continue to develop abilities in the four major communication skills - reading, writing, listening and speaking. Themes will provide opportunities to further explore Hispanic cultures and your own, with an aim to broaden your understanding of the world's diversity. The grammatical structures and extensive vocabulary complement the thematic units, and provide the tools for increasingly independent expression. This course follows a two-year revolving curriculum, and combines Spanish 4 and 5, with expectations adapted to each level.

**PLEASE NOTE:** Help in preparing for the AP language exam is available for students who seek the challenge independent of Spanish 5. Only seriously motivated students who are prepared to work independently at a very demanding level should consider this option. It requires commitment and a considerable investment of time.

**GUIDED LEARNING OPPORTUNITY (GLO) WORLD LANGUAGE EXPLORATION A - 910036****GUIDED LEARNING OPPORTUNITY (GLO) WORLD LANGUAGE EXPLORATION B - 910037****Benchmark:** Flexible**Content proficiencies:** Determined Upon Enrollment**Transferable skills:** Determined Upon Enrollment**Prerequisites:** (do not need to meet all of them) 1.9 or below HOW grade in prior World Language course, 2.5 or below academic grade in prior World Language course, Tier 2 or 3 team recommendation.**Grade:** 9-12**Duration:** Semester*Can be repeated.*

A GLO in World Language Exploration is an opportunity to practice and improve communication, reading, and writing skills while studying a language not offered at MAUMHS. A GLO provides extra support and guidance as the student practices personalized learning skills. Students must have an interest to work independently. Off-site time with a community mentor is strongly encouraged. **This is not equivalent to a leveled language course.**

**INDEPENDENT LEARNING OPPORTUNITY (ILO) WORLD LANGUAGE EXPLORATION A - 909033****INDEPENDENT LEARNING OPPORTUNITY (ILO) WORLD LANGUAGE EXPLORATION B - 909028****Benchmark:** Flexible**Content proficiencies:** Determined Upon Enrollment**Transferable skills:** Determined Upon Enrollment**Prerequisites:** (must meet one) 3.0 or above in HOW prior World Language course, 3.0 or above in academic prior World Language course..**Grade:** 9-12**Duration:** Semester*Can be repeated.*

An ILO in World Language Exploration is an opportunity to practice and improve communication, reading, and writing skills while studying a language not offered at MAUMHS. Student must have proven ability to work independently. Off-site time with a community mentor is strongly encouraged. **This is not equivalent to a leveled language course.**

**DESIGN & TECHNOLOGY EDUCATION**

Proficiencies:

Design and Technology Education (not required for graduation)	
<b>Design and Problem Solving</b>	Student recognizes and applies the design and problem solving process to real world situations.
<b>Technology and Machine Operation</b>	Student recognizes and utilizes technology to create models and finished products.

<b>Technology and Society</b>	Student recognizes and applies the connections between technology and the society we live in.
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### Course Offerings:

<b>Yearly Introductory Offerings</b>	<b>Yearly Advanced Options</b>
Intro to Metal Design and Fabrication (9-12)	Advanced Metal Design and Fabrication (9-12)
Intro to CAD Technologies (9-12)	Advanced CAD Technologies (9-12)
Intro to Wood Design and Fabrication (9-12)	Advanced Wood Design and Fabrication (9-12)
Art and Technology (9-12)	
<b>Alternating Year Offerings (2023-24)</b>	<b>Alternating Year Offerings (2024-25)</b>
Intro to Programming and Robotics (9-12)	Intro to Architectural Engineering (9-12)
	Advanced Architectural Engineering (9-12)

#### **INTRO TO METAL DESIGN AND FABRICATION - 1209043**

**Benchmark:** Intermediate

**Content Proficiencies:** Technology & Machine Operation, Design & Problem Solving Process, Technology & Society

**Transferable Skills:** Innovative Thinking

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

In this course you will be introduced to various metal fabrication skills including; introduction to sheet metal, cutting, grinding and welding, and metal design. You will learn about safe operation of basic metalworking equipment, complete skill work, and ultimately design and fabricate your own metal project following the design and problem solving process.

#### **ADVANCED METAL DESIGN AND FABRICATION - 1209044**

**Benchmark:** Advanced

**Content Proficiencies:** Technology & Machine Operation, The Design & Problem Solving Process

**Transferable Skills:** Innovative Thinking

**Prerequisites:** Intro to Metal Design and Fabrication

**Grade:** 9-12

**Duration:** Semester

*Can be repeated 4x.*

This course is a continuation of the intro level. You are expected to perform at a higher level, and produce higher quality products. It is expected that you will work to improve your skills, and learn new skills such as: stick welding, TIG welding, CNC plasma cutting, Mill/Lathe operation. The main focus of the course is a self-designed fabrication project. You have the option to choose your own project, design it following the design and problem solving process, and fabricate it using the machines you have learned about.

#### **INTRO TO CAD TECHNOLOGIES - 1209010**

**Benchmark:** Intermediate

**Content Proficiencies:** Technology & Machine Operation, Design & Problem Solving Process

**Transferable Skills:** Innovative Thinking

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

In this course students will learn to use CAD (Computer Aided Design) programs to create 2D and 3D designs. These designs can be used to create products using the Laser Engraver, 3D printers and CNC (computer numeric controlled) Router and Plasma Torch. It is our hope that students will learn skills in CAD (Computer-Aided Design) and CNC (Computer Numeric Control) that they can use in future employment.

### **ADVANCED CAD TECHNOLOGIES - 1209011**

**Benchmark:** Advanced

**Content Proficiencies:** Technology & Machine Operation, The Design & Problem Solving Process

**Transferable Skills:** Innovative Thinking

**Prerequisites:** Intro to CAD Technologies

**Grade:** 9-12

**Duration:** Semester

*Can be repeated 3x.*

This course is a continuation of the Intro course. Students will continue to hone their skills with the CAD programs as well as have the opportunity to produce projects on a 3D Printer, Laser Cutter and Engraver, CNC Router and CNC Plasma table. Students will complete drawings with little step-by-step assistance, relying on their knowledge and abilities gained in the intro course. From there, students will be tasked with larger design projects, utilizing the various technologies available to them.

### **INTRO TO WOOD DESIGN AND FABRICATION - 1209033**

**Benchmark:** Intermediate

**Content Proficiencies:** Technology & Machine Operation, Design & Problem Solving Process

**Transferable Skills:** Innovative Thinking

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

In this course you will be introduced to various woodworking design and fabrication skills. You will learn about safe operation of woodworking equipment, and will complete introductory projects that may also include an introduction to CNC (computer numeric control) router and Laser engraving. You will ultimately design and fabricate a more in depth project following the design and problem solving process.

### **ADVANCED WOOD DESIGN AND FABRICATION- 1209034**

**Benchmark:** Advanced

**Content Proficiencies:** Technology & Machine Operation, Design & Problem Solving Process

**Transferable Skills:** Innovative Thinking

**Prerequisites:** Intro to Wood Design and Fabrication

**Grade:** 9-12

**Duration:** Semester

*Can be repeated 4x.*

This course is a continuation of the intro level. Students should be able to perform at a higher level, and produce higher quality products. It is expected that students work to improve their skills at this level, and challenge themselves with new techniques or higher difficulty projects. The main focus of the course is a self-designed woodworking project. Students have the option to choose their own project, design it following the design and problem solving process, and fabricate it using the machines they have learned about.

### **ART AND TECHNOLOGY**

**Benchmark:** Flexible

**Content Proficiencies:** Creating, Performing/Presenting, Responding/Reflecting, Design and Problem Solving, Technology and Machine Operation

**Transferable Skills:** Innovative Thinking

**Prerequisites:** Intro Art, Intro to CAD, Intro to Woodworking, Intro to Industrial Technology suggested but not required

**Grade:** 9-12

**Duration:** Semester

The connection between Art and Technology is rapidly growing and igniting creativity like never before. In this course, you will design your own Art and Technology integration by choosing projects that will utilize Technology to create Art. For example, you may choose to pursue metal sculpture. In this case you would learn about the artistic components, as well as learn to weld, and ultimately create your own metal sculpture that you have designed following the design process. Or perhaps you would like to create art using a laser cutter, or computer controlled metal torch. The opportunities are almost limitless.

**Anticipated Alternating Course: Offered 2023-24**  
**INTRO TO PROGRAMMING AND ROBOTICS - 1209007**

**Benchmark:** Intermediate

**Content Proficiencies:** Design & Problem Solving Process

**Transferable Skills:** Innovative Thinking

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

Intro to Programming and Robotics will give students a chance to explore basic programming methods, including block and text programming while using devices such as Sphero and Lego Mindstorms robots and Arduinos. Students will work through various programming projects using these devices, and may have the opportunity to develop their own products and program them to complete a task.

**Alternating Course: Offered 2024-25**  
**INTRO TO ARCHITECTURAL ENGINEERING - 1209021**

**Benchmark:** Intermediate

**Content Proficiencies:** Design & Problem Solving Process

**Transferable Skills:** Innovative Thinking

**Prerequisites:** none

**Grade:** 9-12

**Duration:** Semester

In this course you will explore the various design attributes of residential design and construction. You will create floor plans and other drawings for your own house design, learn how to create this design in Chief Architect CAD (computer aided design) software, and may even create models of your designs.

**ADVANCED ARCHITECTURAL ENGINEERING - 1209022**

**Benchmark:** Advanced

**Content Proficiencies:** Design & Problem Solving Process,  
Technology and Machine Operation

**Transferable Skills:** Innovative Thinking

**Prerequisites:** Intro to Architectural Engineering

**Grade:** 9-12

**Duration:** Semester

*Can be repeated 3x*

This course will build upon the skills learned in the intro course. You will complete more independent projects using your design skills in Chief Architect, as well as using additional technologies such as the Laser Engraver and 3D printer to model architectural components.

## DRIVER EDUCATION

Driver Education (not required for graduation)	
<b>Driver Ed Classroom</b>	Students will increase their knowledge and experience to develop a risk prevention driving mindset that will enable them to be positive, safe and legal users of the Highway Transportation System in our 5 towns, Addison County, Vermont and beyond.
<b>In Vehicle Driving</b>	Students are able to perform independently while completing procedures, following the driving laws, and interacting courteously and safely with all Highway Transportation System Users.

**DRIVER EDUCATION A - 1210040**

**DRIVER EDUCATION B - 1210041**

**Benchmark:** CCR

**Content Proficiencies:** Driver Ed. classroom, In Vehicle Driving

**Transferable Skills:** Innovative Thinking

**Prerequisites:** A valid learner's permit on the first day of class.

**DRIVING LAB A - 1210042**

**DRIVING LAB B - 1210043**

(concurrent enrollment required)

(concurrent enrollment required)

**Grade:** 9-12

**Duration:** Semester

Driver Education is a partnership between students, parents, teachers and the Mount Abraham Community. Each student will participate in an A.O.E. certified program that meets the current Graduated Driving Law (GDL) standards with the goal to prepare them for driving within our five-town community. During enrollment, each student is required to complete at least 30 hours of classroom instruction while demonstrating proficiency for the classroom learning targets. Concurrently, students will need to complete at least six hours of documented behind the wheel instruction and six hours of documented observation in a dual controlled vehicle while demonstrating proficiency for the in-vehicle learning targets. To support the learning, students are required to complete at least 20 hours of documented driving with their Parents/Guardians as explained in the GDL using the guide book - *In-Car Guide for EXPERT Habits: The Driving MIND Pocket Coach*. The culminating summative assessment for every student is to proficiently complete the final driving exam.

Students that are not driving during Driving Lab may be scheduled to be in the Library or Learning Commons-H.O.W, Literacy and/or Math. 11<sup>th</sup> and 12<sup>th</sup> grade students may earn unassigned time (depending on individual student needs).

### SCHEDULING PROCESS FOR DRIVER'S EDUCATION

- Students **must** pre-register for both Driver Education classroom and Driving Lab.
- Students **must** show their Learners Permit to the School Counseling office by:
  - April 1 for Semester 1
  - November 1 for Semester 2
- The Learner's Permit date of issue and permit number will be recorded which will determine enrollment priority.
- Students will be placed in Driver Education based on the date of issue of their Learners Permit.
- Students in grade 12 will be given priority.

## OTHER

**YEARBOOK A - 210050**

**YEARBOOK B - 210055**

**Benchmark:** Intermediate

**Transferable Skills:** Personal Development, Community Connection

**Prerequisites:** Yearbook advisor recommendation to continue into second semester

**Grade:** 9-12

**Duration:** Semester

*Can be repeated*

This class will produce the Mt. Abraham school yearbook, Aerie, using Josten's Yearbook Avenue. Students will learn basic techniques for journalism, photography, advertising, marketing, and layout. Students will learn essential communication and collaboration skills, while working closely with their classmates to produce the yearbook. Students electing this course are expected to spend time after school, weekends, and during vacations in order to meet deadlines for publication.

**WORK-BASED LEARNING (WBL) A - 1109064****WORK-BASED LEARNING (WBL) B - 1109065****Benchmark:** Flexible**Transferable Skills:** Personal Development, Community Connection**Prerequisite:** A student must be a minimum of 16 years old to enroll.**Grade:** Determined by eligibility**Duration:** Semester*Can be repeated 6x*

There are 2 WBL course opportunities. The first option offers students that have a job the opportunity to work either during or outside the school day to apply academic, technical and employability skills in a work setting. Students must have secured a job that offers workers compensation by the end of the add/drop period. Students may work with the Flexible Pathways teacher prior to the start of the semester to work toward securing employment. Students with employment may take multiple WBL courses in one semester. Each course requires a minimum of 60 hours of work per semester to meet proficiency. The second option is for students that do not have employment and want to work toward employment by building skills through in-class career exploration, planning and professional readiness activities.

**WORK-BASED LEARNING FLEX (WBL) A-1109068****WORK-BASED LEARNING FLEX (WBL) B-1109069****Benchmark:** Flexible**Transferable Skills:** Personal Development, Community Connection**Prerequisite:** A student must be a minimum of 16 years old to enroll.**Grade:** Determined by eligibility**Duration:** Semester*Can be repeated 6x*

This course follows all of the requirements of WBL but allows students who find employment after the start of the semester to join a class part way through the semester rather than waiting until the start of the next semester. Depending on the student start date, the work may cross over into the next semester. For example, a student with a November start date may end work in March. The Flexible Pathways teacher will work with School Counselors and students to determine if late Spring start dates will meet end of year and graduation requirements.

**DUO (DO UNTO OTHERS) A - 909021****DUO (DO UNTO OTHERS) B - 909026****Benchmark:** Intermediate**Content proficiencies:** Determined Upon Enrollment**Transferable skills:** Personal Development, Community Connections**Prerequisites:** none**Grade:** 9-12**Duration:** Semester*Can be repeated.*

A DUO is an opportunity to volunteer as a teacher's assistant at MAUMHS or as an intern at an off-site approved location. A student will choose his/her own placement with a teacher. The Flexible Pathways teacher is available to help with off-site placement. This is a community service opportunity and students will not be paid for the time. A student may elect one DUO per location/classroom.

**VIRTUAL HIGH SCHOOL LEARNING A - 909044****VIRTUAL HIGH SCHOOL LEARNING B - 909048****Benchmark:** Flexible**Content proficiencies:** Determined Upon Enrollment**Transferable skills:** Determined Upon Enrollment**Prerequisites:** Meet with Flexible Pathways teacher**Grade:** 9-12**Duration:** Semester*Can be repeated.*

VHS allows students to access courses beyond what MAUMHS can offer. Taking a VHS course is a great way to extend learning. These courses are taught by teachers from around the country and accessed through a web-based platform. There are hundreds of courses offered. VHS offers both semester courses and year long courses. Students may earn core content proficiencies by taking VHS courses. The course catalog can be accessed at [vhslearning.org](http://vhslearning.org).

**DUAL ENROLLMENT A - 912023****DUAL ENROLLMENT B - 912026****Benchmark:** Advanced**Content proficiencies:** Determined Upon Enrollment**Transferable skills:** Determined Upon Enrollment**Prerequisites:** Completion of dual enrollment voucher request, college application, and PLP**Grade:** 11-12**Duration:** Semester*Can be repeated 2x.*

The Vermont Dual Enrollment Program currently offers students two free vouchers to take college courses (online or in-person) at several Vermont colleges. Students earn both high school proficiency and college credit for the same course. Students may take a course during the following semesters: summer entering 11th grade through spring of 12th grade. Students may earn core content proficiencies by taking a college course.

**CONTINUED LEARNING OPPORTUNITY (CLO)A - 1309026**

**CONTINUED LEARNING OPPORTUNITY (CLO)B - 1309029**

**Benchmark:** Flexible

**Content proficiencies:** Determined Upon Enrollment

**Transferable Skills:** Determined Upon Enrollment

**Prerequisites:** Academic grade of 1.5-1.9 in content area

**Grade:** 9-12

**Duration:** Semester

*Can be repeated.*

A Continued Learning Opportunity (CLO) is a lab offered to attain proficiency credits for a course that was previously not passed. In order to qualify for CLO students must have earned a 1.5-1.9. The CLO must be utilized for courses taken in the current or previous year. Students that earned less than a 1.5 in a course should retake the course or choose another related course.

**GUIDED LEARNING OPPORTUNITY (GLO) ELECTIVE A - 910038**

**GUIDED LEARNING OPPORTUNITY (GLO) ELECTIVE B - 910039**

**Benchmark:** Flexible

**Content proficiencies:** Determined Upon Enrollment

**Transferable Skills:** Determined Upon Enrollment

**Prerequisites:** Students must have an interest to work independently.

**Grade:** 9-12

**Duration:** Semester

*Can be repeated.*

A GLO in an elective area provides extra support and guidance as the student studies a topic of choice and practices personalized learning skills. Off-site time with a community mentor is strongly encouraged.

**INDEPENDENT LEARNING OPPORTUNITY (ILO) ELECTIVE A- 909034**

**INDEPENDENT LEARNING OPPORTUNITY (ILO) ELECTIVE B- 909064**

**Benchmark:** Flexible

**Content proficiencies:** Determined Upon Enrollment

**Transferable Skills:** Determined Upon Enrollment

**Prerequisites:** Students must have proven ability to work independently.


**Grade:** 9-12

**Duration:** Semester

*Can be repeated.*

The Independent Learning Opportunity (ILO) Elective is a chance to practice and improve personalized learning skills while exploring a topic of choice. Off-site time with a community mentor is strongly encouraged.

## 4-YEAR PLANNING

<b>Student:</b>							<b>Counselor:</b>		
<b>YOG:</b>							<b>Advisor:</b>		
Content Area (Proficiency Credits Required)	9th Grade	P C	10th Grade	P C	11th Grade	P C	12th Grade	P C	Totals
Literacy (4)	<b>English 9 A</b> <b>English 9 B</b>		<b>English 10 A</b> <b>English 10 B</b>						
Social Studies (Knowledge & Skills) (3.5)	<b>Global Studies A</b> <b>Global Studies B</b>		<b>US History A</b> <b>US History B</b>		<b>US Government &amp; Politics*</b>		<b>US Government &amp; Politics*</b>		
Science (Inquiry & Content Knowledge) (3)	<b>Earth Science A</b> <b>Earth Science B</b>		<b>Biology A</b> <b>Biology B</b>						
Mathematics (Content & Practices) (3)					<b>Money Matters 1*</b>		<b>Money Matters 1*</b>		
Physical Education (1.5)	<b>PE Level 1 A</b> <b>PE Level 1 B</b>								
Health Education (0.5)			<b>Health &amp; Wellness</b>						
Artistic Expression (1)									
World Language (2 years required for most colleges and universities)									
Design Technology Education									
Driver Education									
Other									
<b>TOTALS</b>									<b>**</b>

*Bolded courses are required at the grade level they are listed.*

*\*Money Matters 1 and US Government and Politics are required in either junior or senior year to meet graduation requirements.*

*\*\*24 proficiency credits (7.5 elective proficiency credits beyond required content) are required to adequately demonstrate proficiency for both content and transferable skills.*

*\*\*\*6 courses per semester needed to be considered full time and eligible for co-curricular activities*